

THE KETTLE VALLEY

Adventure Travel Guide for
SOUTH CENTRAL BC RAIL TRAILS

Express



Hope



Similkameen &
South Okanagan



Rhone
Rest Stop

Explore South Central BC
Includes 36" X 10.75" Rail Trail Map

Kettle Valley Rail Trail ~ Columbia & W



*Treasures
Along the Trail*



*Kaslo Wagon Road
Historic Railway*



*The Legend
of Billy Miner*



*Grand Forks
Community Trails*

Western Rail Trail ~ Slocan Valley Rail Trail

South Central BC





Where Vacation Memories are made...





South Central British Columbia

A beautiful place to be and see,
and our rail trails are the way to do it!



**CONCEPT/ PRODUCTION/
LAYOUT/DESIGN**
Brian McAndrew:
President Vicom Design Inc.
brian@vicomdesign.com



**ADVERTISING SALES MANAGER
& CHIEF WRITER**
Barbara Bleiler
info@kettlevalleyexpress.com



ADVERTISING SALES & WRITER
Angela Senger
sales@kettlevalleyexpress.com

It is with great appreciation to all our advertisers, contributors and supporters that we present the 2014 issue of the Kettle Valley Express. Our vision of working together with our neighboring communities to develop a publication for our region has come full circle and we couldn't have done it without all of you. From trail groups to government agencies, business owners to citizens, your support and encouragement has been tantamount to the success of this year's issue. We have worked very hard again this year to bring you informative stories, helpful information, maps and of course beautiful photos that showcase South Central BC. Make sure to visit the Kettle Valley Express' companion website at kettlevalleyexpress.com for more in depth information and updates and follow us on Twitter ~ @KVExpress

Happy Trails,
From the Kettle Valley Express team

BC Rail Trails 2014 Update	2, 3
Hope.....	4
Similkameen/South Okanagan.....	5, 6, 7
It's Growing in Boundary Country	8, 9
Wanted: West Boundary	10
Rhone Cyclist Rest Stop.....	11
Rock Creek Fall Fair	12
Boundary Rivers	13
Mile 0/Midway	14
Deadwood Junction.....	15
The Authentic Rural Experience.....	16, 17
The Best Little Mountain in BC	18, 19
The Legend of Billy Miner	20, 21
Our Heritage	22
Play Ball.....	23
The Mountain Wagon Stagecoach	24, 25
Grand Forks Original Peaceful Living.....	26, 27
Granby Playground.....	28, 29
Pave the Trail	30, 31
Christina Lake Join Our Story	32 to 39
Treasures Along the Trail	34, 35,
Do it Outdoors in Castlegar.....	40, 41, 42
Silvery Slocan.....	43
Kaslo Wagon Road Historic Trailway.....	44, 45, 46
Ainsworth, Balfour, Nelson.....	47
Ymir, Salmo, Fruitvale, Trail, Rossland	48

Thank you to all of those who contributed to making this guide.

I would like to thank all of the businesses and people, who believed in our vision enough, to invest their advertising dollars, photos and stories so I could bring it to life.

CONTRIBUTING WRITING FROM

John Hawkings ~ Manager, Trails, Ministry of Forests, Land and Natural Resource Operations, Clive Webber ~ Facilitator Trans Canada Trail, Dana Meise ~ The Great Hike,

Chris Moslin ~ Grand Forks Pave The Trail, Brian Fletcher - Phoenix Ski Hill, Bob Dupee ~ Treasures along the Trail

CONTRIBUTING PHOTOGRAPHS FROM

Allen Jones: Ace Imagery, Dale Best, Boundary Museum and Interpretive Centre, Owen Cameron, Castlegar Station Museum, Columbia & Western Rail Trail Society, Kelley Cook, Doukhobor Discovery Centre, Bob Dupee, Grand Forks Community Trail Society, Ann Gordon, John Hawkings, Daphne

Hunter, Kettle River Museum, Kootenay Lake Historical Society Archives, Kootenay Gallery, Ed Kruger, Renna Hoolsema, Dana Meise, Herb Noseworthy

This 2014 Kettle Valley Express Adventure Travel Guide is published by Vicom Design Inc. All contents copyright 2014 by Vicom Design Inc. Vicom Design Inc. assumes no responsibility for any claims or misrepresentations contained in this magazine or in any submission or advertisement. No portion of this magazine may be reproduced without the written consent of Vicom Design Inc. www.vicomdesign.com



B.C. Rail Trails 2014 Update!

British Columbia's network of rail trails offer residents and visitors incredible vistas and traverse amazing landscapes through the southern interior portion of the province, but not without a cost. To maintain moderate grades across BC's rugged landscape, historic rail routes required phenomenal engineering infrastructure. Now, maintaining recreation trails along those historic routes requires ongoing efforts, resources and a financial commitment from land owners, local governments and trail stewards.

The British Columbia Ministry of Forests, Lands and Natural Resource Operations, owns and manages over 600km of former rail corridors, managed as recreation trails including portions of the Kettle Valley Rail Trail, the Columbia & Western Rail Trail and the Slocan Valley Heritage Trail. Every year the Recreation Sites and Trails branch of the Ministry works with local government and trail stewardship groups to undertake both minor and major trail repairs and upgrades. Four major infrastructure repair projects were undertaken in 2013 in addition to many minor projects.

Grand Forks Paving Project

Recreation Sites and Trails teamed up with the City of Grand Forks and the Grand Forks Community Trail Society to complete a new asphalt surface on the Columbia & Western Rail Trail at the eastern boundary of Grand Forks. The new asphalt surface over 1.6km from the 68th avenue bridge in Grand Forks to the Nursery Trestle, is the beginning of a bigger effort that would see the Trail surfaced with asphalt from Grand Forks to Christina Lake (17.5km).

A shared use paved pathway linking communities within an easy day cycling distance has proven to be highly popular. The paved Northstar Trail linking Kimberly and Cranbrook (25km) as well as the Rocky Mountain Legacy Trail between Canmore and Banff Alberta (26km) see thousands of users annually.

Grass Creek Culvert Repair

During early railway construction, trestles were used to span large gullies and creeks. As trestles required increasing maintenance and neared the end of their useful life, many of these gullies and draws were filled in with huge quantities of material overtop stone or cement culverts. There are numerous fill slopes and 8 major culverts located along the C&W Rail Trail between Castlegar and Christina Lake.

The Grass Creek culvert, located high above Arrow Lake, is a concrete culvert, 1.4m high and 85m long at the bottom of a 20m fill slope. The culvert bottom had scour holes, one measuring over 5m long. These scour holes allow water under the concrete undermining the entire structure and threatening the stability of the fill slope above.

From the Publisher

South Central BC, a beautiful place to be and see and our rail trails are the best way to do it.

In 1987, the Coquihalla Highway was put through as a short cut across BC to Alberta and back, saving time and gas from the longer routes of the Trans Canada Hwy 1, though the Frazer Canyon and Crowsnest Highway 3, through the southern interior. The desire to "get there quickly" became number 1 and enjoying the scenery became secondary.

When this happened, the communities in South Central BC along Hwy 3, lost traffic and economy driving thru their towns, but did not lose any of their friendly charm, beauty and appeal. When you travel the area, you are likely to feel like you are consumed by an overwhelming feeling of being back home. The fast pace of

getting somewhere is replaced with a relaxed, easy one that has you finding your self lost in our authentic experience. Traveling highways 3, 33, 97 and the Kettle Valley and other rail trails, will connect you to and take you through these mountain passes, wide open sunny valleys, awesome panoramic views and friendly welcoming communities.

South Central BC has its extensive rail trails that link many of the communities and are accessed using connections along the highways and in those communities. These rail trails have quite a history, starting out as trails, such as the Dewdney that brought the discovery of copper to bring in the rails. Now, after decommissioning they are being refitted back as quality recreational trails. The BC government along with the Trans Canada Trail Foundation and others, have purchased more than 2,000km of rail corridors for recreational use, most of which are in South Central BC.



Recreation Sites and Trails in cooperation with the Columbia & Western Trail Society, hired a local contractor who handled the logistical challenge of repairing a giant hole in a cement tunnel at the bottom of huge fill slope in a very remote location. The job included constructing a path to the culvert opening, transporting and then mixing a large quantity of cement on-site and working and repairing the hole in a very tight and limiting location. The culvert will continue to be monitored by engineers and trail stewards to ensure the effectiveness of the repair.

Slocan River Bank Stabilization

The Slocan Valley Rail Trail winds its way along the bank of the Slocan River for approximately 50km between South Slocan and Slocan. The natural forces of the river north of Winlaw have been eroding the banks and begun to undermine the adjacent rail trail. Without taking action, a 25m portion of the rail trail itself would be lost to the river.

Recreation Sites and Trails and the Slocan Valley Heritage Trail Society worked together to stabilize the river bank, re-vegetate slopes, install new culverts and armour the bank with rip rap in 5 separate locations over a 2km stretch north of Winlaw.

To undertake a project of this scale, along a portion of the Slocan River with sensitive fish habitat and other important environmental values, the project included both an engineer and biologist working together to guide the contractor and ensure the works met all environmental regulations and permit requirements. Following the work, all exposed soils were planted and seeded to further reduce potential for erosion and enhance streambank stability.

John Hawkings: Manager, Trails, Ministry of Forests, Lands and Natural Resources Operations

Quoting from last years article from John Hawkings, Manager, Trails, Ministry of Forests, Lands and Natural Resource Operations, "Rail trails represent an extraordinary recreation opportunity for BC and have the potential to contribute significantly to the local economies of rural communities along the trail network. Worldwide, there are tens of thousands of developed rail trails. In the US, there are more than 32,000km of rail trails, many of which support thriving small businesses such as bike rentals, shuttle services, accommodations, and other service providers."

This years article above, is an update from last years issue, letting us know about some of the work that has been done to up keep and make our trails even more accessible to enjoy for all.

Whether you are coming from the west or east, you will never want to travel a different route once you've made the turn down

The Kettle Valley Express Adventure Travel Guide 2014~ kettlevalleyexpress.com

Naramata resurfacing project and the KVR Development Plan

In 2010, approximately 4km of the Kettle Valley Rail Trail were resurfaced in the Naramata area just east of Penticton. This year, resurfacing work continued over the remaining 6km between Naramata and the Little Tunnel. Now completed, a 10km stretch of the KVR from the Penticton City boundary to the Little Tunnel complements work done on the trail by the City of Penticton and offers cyclists and walkers a high quality, compact trail tread.

In addition to the major construction and repair projects, Recreation Sites and Trail had contractors, engineers, foresters and equipment operators working throughout the summer and fall to complete minor maintenance including culvert repairs and clean out, bridge railing and deck repairs and many other needed repairs.

Update on Naramata KVR Trail Development Plan

The resurfacing work undertaken between Naramata and Little Tunnel is part of the project to develop and enhance recreation trail opportunities on and around the KVR network in the Naramata area. The Ministry of Forests, Lands and Natural Resource Operations is working in partnership with the Regional District of Okanagan-Similkameen and the Naramata Woodwackers and trail user group representatives to develop the KVR and other area trails to benefit both non-motorized and motorized users.

Following presentation of a draft concept plan to the community of Naramata and regional residents, the Province and partners are continuing to work with local interest groups on resolution of outstanding issues including access to important cultural features like Little Tunnel.

The Province hopes to complete the initial phase of the process in the winter of 2014 and begin implementation early in the Spring.

Crowsnest Highway 3 and paid us a visit. Use this guide and the stories inside as a planner for your next vacation. Use our detailed pull out map in the centre to mark out your trip and identify those exciting and historical adventure trail routes.

This year the map was completely reformatted for easier viewing to better illustrate the extent of the rail trails and communities here and there are more pages with more stories to become your own.

No matter which direction you come from, we invite you down Crowsnest Hwy 3 to experience the awesome beauty, welcoming atmosphere and well kept secret that may make South Central BC your new home.

Thank you and enjoy,
Brian McAndrew, *Publisher*



Hope has always been a natural hub that connects Vancouver and the Lower Mainland with the interior regions of British Columbia. As the Trans Canada Hwy moves east through Hope, it splits into three routes as it makes its way across the province, highways 1, 5, and 3. The Crowsnest Hwy 3 runs southeast along the historic Kettle Valley route.

Those that stop to linger in Hope soon discover that its stunningly breathtaking mountain setting offers unparalleled outdoor adventure experiences.

The Fraser and Coquihalla rivers converge in Hope and offer outstanding fishing, commercial rafting, and boating opportunities. By early summer, local lakes become warm swimming holes.

The trail network in Hope is nothing short of fantastic. From short, easy strolls to see plunging waterfalls to peak-summitting scrambles, the diverse trails in the Hope area will please the casual stroller as well as hard core hikers. Many of the classic trails surrounding Hope are steeped in history as they follow early trade

routes. There are several regional and provincial parks in the area with excellent camping and recreation options, ask about Manning and Skagit parks, both south of Hope.

One easy trail not to miss is the Othello (Quintette) Tunnels. Hope was the western terminus of the Kettle Valley Railway during its operation from 1916 to 1959. Rail enthusiasts can walk or cycle 4km of the old railway grade through the four tunnels and over the two bridges that were designed to conquer the river canyon terrain.

A trip to Hope would not be complete without checking out the Fraser Canyon, including the Yale Heritage Site, Alexandra Bridge Provincial Park, and Hells Gate Air Tram and suspension bridge.

Take time to check out the famous chainsaw carvings located throughout the downtown area, the lovely parks in the downtown core, which make perfect picnic spots, and the Hope Airpark for soaring enthusiasts.

To learn more, visit HopeBC.ca or stop by the Visitor Information Centre at 919 Water Avenue in Hope.

HOPE
BRITISH COLUMBIA

wanted: soulful adventurers

Vancouver
Coast & Mountains
REGION

HOPEBC.CA
604.869.2021

Princeton BC, once called Vermillion Forks, where the Tulameen and Similkameen rivers meet, is cradled in nature at the foothills of the Cascade Mountains and just 282km northeast of Vancouver. Illustriously known for its history of infamous inhabitants ripe with character and dripping with riches like gold, copper and coal, Princeton is a town to visit, with it's friendly 2,600 plus inhabitants of today. No matter the season, there is an abundance of activities in and around Princeton for all ages to partake in. One of the most popular and scenic rail trail routes, the Kettle Valley Rail Trail can be travelled northwest of Princeton passing Colemont, Tulameen and on through to Brookmere. If you prefer, head northeast towards Summerland and you will pass by some of the most majestic, tranquil spots such as Jellico, Chain Lake, Bankeir and Osprey Lake. You can venture off the trail and discover some history at the Princeton Castle Ruins or do some hiking and fishing then consider a stay at one of the many bed and breakfasts or campgrounds along the route. Head back to Princeton and take in some of the local flavour where you will find an abundant array of eateries and accommodations. Princeton offers year round recreation, from the groomed and well maintained China Ridge cross country ski trails and snowshoeing in the winter to other seasonal activities such as biking, hiking, gold panning, and river tubing. The Tulameen and Similkameen rivers have helped launch Princeton's reputation as a canoeing and kayaking paradise. The award winning Bridge of Dreams developed by the town and the Vermillion Trails Society has become one of Princeton's coveted treasures, be sure to take a stroll or a bike ride over the Tulameen River. The Two Rivers Park with its beaches and proximity to the Trans Canada Trail is a popular spot for both locals and tourists. Stop by the Visitor Centre, they will cheerfully advise you of the attractions that should not be missed during your stay. princeton.ca. Take some time out to visit the Princeton Museum and Archives if you would like to experience a visual trip into Princeton's intriguing past. princetonmuseum.org.

Follow the flow of the Similkameen River southeast as you travel Hwy 3 towards Hedley and Keremeos in the heart of the

Similkameen Valley. Your first stop approximately 40km from Princeton is the quaint town of Hedley, known as much for its friendly citizens as it is for its famous Mascot and Nickel Plate Mines. hedleybc.ca. If you have an avid interest in learning about the past, visit the Hedley Heritage Museum and Tourist Information Services. hedleymuseum.ca. The little town of Hedley is not small on amenities, as there is no shortage of lodging, campgrounds and dining. The next 29km of Hwy 3 will take you to Keremeos the "Fruit Stand Capital of Canada". Just passing through Keremeos during peak harvest times will put a smile on your face as the highway is lined with colourful and creative fruit stands, tempting you to stop and discover each one. Keremeos is also the home of one of the few working Grist Mills in North America. The Grist Mill and Gardens offers a fun and educational outing for the whole family. keremeos.ca. If you have never had the pleasure of visiting the sunny Okanagan Valley then your luck will multiply as you come to a cross roads and have two routes in which to choose from. Whether you take in the natural beauty of Hwy 3A to Penticton or the Crowsnest towards the lush vineyards and splendid views of Cawston and over the Richter Pass to Osoyoos, you will not be disappointed! Breathtaking is the word that comes to mind to describe what it's like to see Osoyoos for the first time, whether cresting the mountain from the east or surveying from the west the view is unforgettable. Often Canada's hot spot, this living desert is the home of Canada's warmest lake and is one of the most sought after resort destinations. Osoyoos is washed in a sea of orchard blossoms in the spring and decorated with an abundance of fruit trees ripe with colour through to the fall. Osoyoos has a panorama that cannot be matched, from the verdure of the vineyards and orchards in the spring and summer to a golden hue of late autumn. Downtown Osoyoos offers some unique shops, restaurants and specialty cafes, take a stroll and meet the friendly locals. Wine tours are very popular throughout the Okanagan, whether you are a wine connoisseur or just curious, visiting the wineries will give you a taste of the region. Summer fun knows no bounds in this endless playground, but it doesn't



Travelodge
 604-869-9951 - 1-800-578-7878 - fax: 604-869-9421
 350 Old Hope-Princeton Way, Hope, BC V0X 1L0 - www.travelodge.com



POLYRAP
 Earth Stabilization Solutions
 Eco-Safe Spray on for Erosion, Dust Control, Surface Hardening
 Applications for Trails, Gravel Roads & Driveways, Interior Floor Systems
www.polyrap.net
 250-808-9215 - info@polyrap.net - Kelowna, BC.



stop there, with its close proximity to ski hills and snow-covered trails, winter is also the perfect time to visit. "There's always something to do in Osoyoos". osoyoos.ca. Shift into slow, you won't want to miss a thing as you wind your way north on this magnificently scenic stretch of Hwy 97, towards the "Wine Capital of Canada". Oliver, also part of the Sonoran desert belt is known worldwide for producing some of Canada's finest wines. As with the rest of the Okanagan Valley, Oliver boasts mild winters and a long growing season, producing fruits and vegetables that are second to none. Flanked by Tuc-El-Nuit Lake, you can enjoy superb views and non-motorized water sports throughout the summer. Oliver is a great place to visit any time of year, as there is also no shortage of winter activities. oliver.ca. The friendly folks at the Oliver Visitor Centre are always happy to share stories with you about Oliver, past and present, they also possess a vast knowledge of the hiking and biking trails and the KVR spur line that runs right past their location in the historic CPR building. winecapitalofcanada.com. Na-

ture lovers and bird enthusiasts, take note you will want to stop at the Vaseux Lake migratory bird sanctuary just north of Oliver. This lake surrounded by protected marshlands is one of Canada's best areas to sit and observe an abundance of wildlife. You will want to have your camera ready as you may spot the mountain goats or California big horn sheep that traverse the hillside. "Where are the falls?", you ask as you pull into the pristine community of Okanagan Falls. Long gone are the twin falls that once cascaded from Skaha Lake into the Okanagan River. The Falls were immersed in water sometime in the 1950's when a dam was built to control the flow of water and prevent flooding. Situated at the south end of Skaha Lake, where you will find the splendor of a sandy public beach and Christie Memorial Park, OK Falls reminds one of an all-inclusive resort. From Ok Falls one route north to Penticton can be taken along the eastside of Skaha Lake, for the most part you will travel at lake level. This route is very scenic but some spots are rather narrow and windy and you will have to watch for runners and bikers as they often use this road for triathlon training. If you are keeping to Hwy 97 approximately 21km north you will come to Penticton, "A Place To Stay Forever". pentiction.ca If you love fun in the sun Penticton is a summer paradise with sandy beaches stretching the length of the city at Skaha and Okanagan Lakes. Penticton winters are mild and the snow doesn't stick around very long but a short drive will take you to snow covered trails and tobogganing hills or ski resorts where you can enjoy all the winter sports you desire. Penticton is fast

The Kettle Valley Steam Railway

invites you
to take a ride
into history!
May - October
Summerland BC
1-877-494-8424
www.kettlevalleyrail.org



Penticton Museum and Archives Presents **STEAMFEST**

www.steamfest.ca
Okanagan Valley British Columbia
May 2014 to May 2015

**THE OFFICIAL ARCHIVES
& MUSEUM FOR THE
KETTLE VALLEY RAILWAY**

EXHIBITS • ACTIVITIES



785 Main St., Penticton BC, V2A 5E3
250-490-2451 ~ www.pentictonmuseum.com

Zias Stonehouse Restaurant

WORLDLY MENU MEETS OLD WORLD CHARM!

Open 7 days a week for lunch and dinner
with live music most evenings.

14015 Rosedale Ave., Summerland, BC V0H 1Z0
Phone 250.494.1105 ~ www.ziasstonehouse.com

Penticton Gallery

Tues. - Fri. 10 am - 5 pm
Sat. & Sunday: 12 - 5 pm
Closed Mondays and Statutory Holidays.

Ph: 250-493-2928 Fx: 250-493-3992
199 Marina Way, Penticton, BC V2A 1H5 ~ www.pentictonartgallery.com

becoming "The Centre of Attention" with its block wide complex of facilities providing venues for sports, recreation, conventions and concerts. SoCountry.ca is a local internet radio station that can fill you in on what is happening on the local events and music scene. The Penticton Farmers Market is one of the most impressive in the province with more than 60 vendors showcasing their wares. The setting for this festive market is Gyro Park and the 100 block of Main Street, Saturdays 8:30am to 1:00pm from May to October. pentictonfarmersmarket.org. Come join the museums of the South Okanagan to celebrate Steamfest an 18 month long celebration starting in May 2014. Steamfest will feature exhibits, machine demonstrations and more in recognition of the impact steam travel technology had 100 years ago with the launch of the SS Sicamous Sternwheeler and the arrival of the Kettle Valley Railway. Visit steamfest.ca. Venture on to Summerland and stop at the Kettle Valley Steam Railway to take a ride on the only preserved section of this historic railway inside a restored 1912 Steam Locomotive. You will experience an era back in time, travelling past ten miles of beauty and spectacular views. The lovely downtown core of Summerland with its Tudor-revival buildings will surely entice you to meander the streets and explore the shops and restaurants. summerland.ca Right in the heart of the Okanagan, Summerland is a short drive from the Kelowna (YLW) and Penticton (YYF) airports, as well as easy access from the Coquihalla connector. If you would like to take in one of the most magnificent panoramic views of Summerland and Okanagan Lake you can do so from the top of Giant's Head Mountain. The mountain is an extinct volcano and Summerland landmark, which can be accessed by a combination of driving and hiking. Looking over to the eastside of Okanagan Lake you will see a village nestled amongst the trees and vineyards, this little hidden

gem of the Okanagan is Naramata. Known as a turn of the century cultural hub, regal passengers would ride the sternwheeler across Okanagan Lake to Naramata to enjoy a day of cultural events and performing arts. Retaining its cultural appeal Naramata has remained a popular home to a variety of artisans. discovernaramata.com. Promoted as the "Italy" of Canada for the similarities in climate and terrain, gentleman farmers were enticed to move to the Okanagan as fruit growers. To this day the hillsides flourish with bountiful orchards and thriving vineyards. If the trails are your passion the Naramata bench is a good access point you can get there from Penticton. From here you can bike the KVR trail passing Naramata, Chute Lake, over and thru the most extraordinary topography to the phenomenal Myra Canyon. Continue on this 215km backcountry loop of the Kettle Valley Rail Trail to explore the unlimited adventures of the Boundary Country!



jojo'scafé neighbourhood coffee bar **OPEN 7 DAYS / WEEK**
250-495-6652

Espresso, Sandwiches and Homemade Soup

Find us on **Facebook** **8316 Main Street, Osoyoos, BC**



MYRACANYON A FAMILY OWNED & OPERATED VACATION RESORT www.myracanyon.com

B & B / Guest House - Events - Vacation Rental
Bike Shuttles to KVR - Horse Back Riding - Call us for Group Bookings
250-764-9731 - 4675 June Springs Road, Kelowna, BC - info@myracanyon.com



Specializing in Trans-Canada Trail and Kettle Valley Railway tours from part day to 8 days.

The Okanagan Cycle Winery Tour Specialist!
Trailhead Ed says "Take time, join me in my 22nd year of business creating life long memories"
New York Times must see destination 2013!
Okanagan Life Magazine Best Tour Guide 2012
Myra Canyon Trestles & Tunnel
Cycle, Hike or pedi-cab.
Cycle Rental, Cyclist Transport Service
Corporate / Group and Stag / Stagette Rates
Multi Day Tours
see website for dates and tour locations






**Winter Ski Hill Transport
Snow Biking, Snowshoeing,**

Phone: (250) 76C-YCLE (2-9253)
Cell: (250) 878-3KVR (587)
Toll Free: 1-888-76C-YCLE (2-9253)
info@monasheeadventuretours.com - www.monasheeadventuretours.com
Monashee Adventure Tours 1591 Highland Dr. N. Kelowna, BC V1Y 4K6





It's Growing ... in Boundary Country

Boundary Country is rife with agricultural diversity and boasts verdant growing conditions for a variety of opportunities. Early settlers including the Doukhobors grew crops of fruit including Grand Forks Apples, varietal grapes and berries to make jams, preserves and produce, setting the tone for future generations. Farming and ranching have traditionally been a large part of the backbone of the small communities within the Boundary since it was settled in the 1800's and is a thriving and growing industry today.

With a variety of places to purchase both organic meats and produce, locals and visitors alike will find a plethora of food items to enjoy.

Farmer's Markets are popular gathering places for residents and a great place for visitors to experience local art, wares and produce. Many backyard and small volume farmers offer their products at the markets, which usually run from early spring to late fall

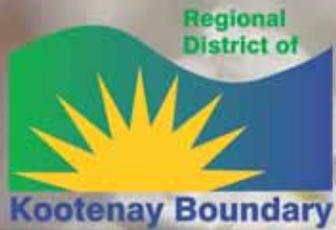
in most of the communities. Go to boundarycountry.ca to see the operating hours of local Farmer's Markets from Rock Creek to Christina Lake.

The region has both family run small lot farms as well as larger more industrial farms which produce an array of items for both local consumption as well as commercial sales.

With a variety of livestock being raised for market purposes, to the Alpaca farms which produce beautiful fibre, Boundary Country has become more agriculturally self sustainable than ever before. With a solid plan for agricultural growth and varieties of product, the region is well on its way to accomplishing its goal of remaining and sustaining a vibrant and rich farming community.

As the times change, so are the methods that farmers and consumers are getting their produce to the table. Food Co-ops

BOUNDARY COUNTRY.... Agriculture





such as the Kettle Valley Food Co-op, which is run by its members and a volunteer board of directors has an on line shopping site where you can place your order. The Co-op has two distribution sites that are located at the east and west end of the valley where orders can be picked up and new members are always welcome to join.

Many types of garlic are also abundant in the valley and can be purchased at local markets, grocery stores, or can be ordered on line as well.

Organic produce, meats and cheese are popular choices for those residing in the region. Grand Forks' very own Jerseyland Organics produces a fine array of cheeses, yogurts and sour cream, which are sold at local grocery stores and from the Jerseyland farm site. The delicious dairy treats are a testament to the "happy cows" which produce the milk.

There are also three wholesale tree stock nurseries of note located within the Boundary. Midway and Grand Forks have approximately 800 acres of land between the two communities that grow both bare root and wholesale ready trees.

Specializing in cold hardy, container grown and bare root nursery stock, these nurseries have been open for business in the Boundary starting in 1911. As times have changed, so has some of the demand for different trees. Once supplying the Okanagan tree fruit industry, the nurseries are now more focused on selling wholesale to garden centers, independent nurseries and colder regions of Canada and the USA.

Steeped in roots and tradition, Boundary Country is tastefully moving forward with a clear plan for a sustainable future in agriculture.

Unlimited!



BOUNDARY **BC** COUNTRY
 Adventure: Unlimited.
www.BoundaryBC.com





Wanted! West Boundary

The West Boundary encompasses rural areas from Eholt Summit to Anarchist Summit, and from the Canada US border to Big White. Within this lightly populated region are the unincorporated communities of Rock Creek, Beaverdell, Bridesville and Westbridge. Big White Ski Resort, the Christian Valley, Mount Baldy Ski Resort, Anaconda, Jewel Lake Resort and Idabel Lake Resort are also included in this region. Although the area was rife with miners in the mid 1800's, the main industries are now forestry, ranching and tourism. There are still those in search of the precious metals found here and many visitors to this region like to try their hand at gold panning. Schedule a stop at Beaverdell on Hwy 33, where the people are friendly and the food is homemade delicious. The Beaverdell

Highland Cabins have a great location on the Kettle Valley Rail Trail, so it's an ideal place for hikers and bikers to arrange a stay. The Kettle River winds its way from behind Big White, where it flows down the Christian Valley to Westbridge, then into the West Kettle that carries on past Rock Creek and Midway before it flows into the US. The river is a favorite of both locals and visitors for spending a relaxing day on the banks, swimming, picnicking, or tubing. Anarchist Mountain Summit, just a 30 minute drive east of Osoyoos on Hwy 3, has more sunshine hours than any other area in Canada. It's a great place to stop, stretch the legs and take some fabulous photos. As you pass by Bridesville it is not hard to imagine that this tiny community shared in the heyday of the early 1900's. The wide open ranch land that you see today was once covered in golden wheat. Cycling this region is very popular and draws tourists both nationally and internationally to discover hundreds of kilometers of trails. West Boundary Country where you will find "Adventure Unlimited" has so many authentic experiences just waiting to be discovered. All you need to do is get here. You'll be welcomed warmly and treated kindly, it's just our way. See you soon!

West Boundary

ADVENTURE UNLIMITED



Rock Creek Fall Fair Lawn Mower Race



Great Skiing
Big White or Mnt Baldy

Your Invitation to find
Your West Boundary Adventures

Ski the hills,
Tube the historic Kettle River
Camp, hike or cycle the trails
or just relax and take in the
Natural Beauty of
Boundary Country at its finest



Rock Creek Fall Fair Rodeo



Rhone Official Trans Canada Trail Rest Stop



Bill Baird, RDKB Area E Director

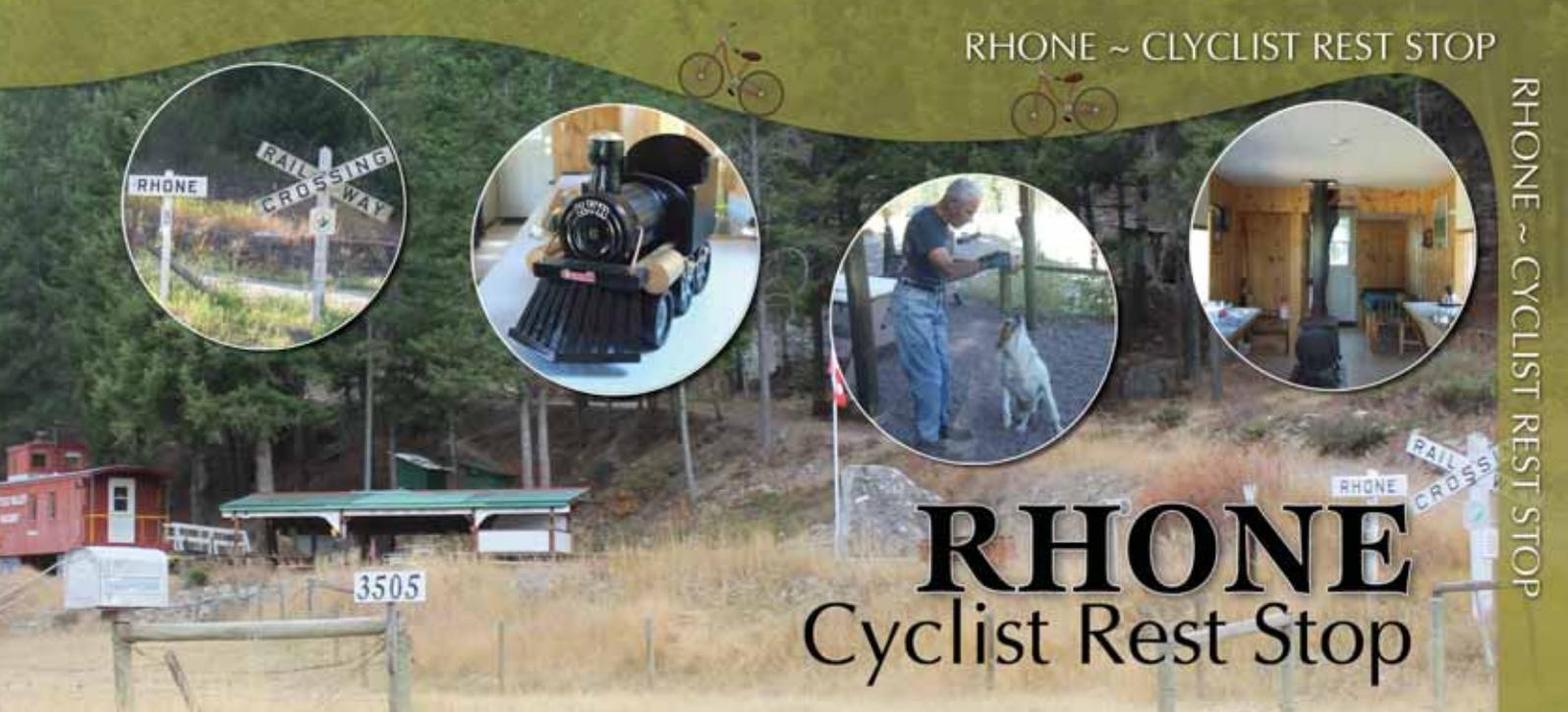


West Boundary "RDKB Area E" includes Big White, Beaverdell, Westbridge, Christian Valley, Rock Creek, Mount Baldy Ski Resort, Bridesville, Anaconda, Jewel Lake Resort & Idabel Lake Resort



Adventure: Unlimited.

www.BoundaryBC.com



RHONE Cyclist Rest Stop

The Trans Canada Trail covers approximately 17,000km and is made up of a network of almost 500 individual trails. It is one of the world's longest networks of multiuse recreational trails. In South Central BC, there is a unique rest stop located at the 25 mile marker from Midway off Hwy 33 that is a welcome respite for weary hikers and cyclists.

Named after the Rhone Valley by a family who had relocated to this area, Rhone Road is where the Rhone Rest Stop was developed by Paul Lautard, a local man who was born just down the road at the town of Carmi.

The Rhone Rest Stop, also known as the "Paul Lautard Cyclist Stop and War Memorial", was commemorated an official rest stop during the February 2000 launch of the "world's longest trail relay." Paul and his dog "Stubby" began working on the project in 1998 to provide a free rest stop for cyclists to get off the trail to sleep, gather energy or shelter from incumbent weather. The stop offers a shelter with picnic tables, dutch door outhouses and a replica of an original CPR caboose. The caboose is fully functional with beds, kitchen facility, woodstove and was finished with Ponderosa Pine paneling made from a tree on the property that had been struck by lightning.

Built with his own hands, using his own funds, on his own property, with the help of a few friends and his wife Gloria, the Rhone Rest Stop is Paul's labour of love.

When you arrive, you'll notice felt pen markings all over the walls, posts and rafters of the shelter. It's not graffiti! Paul encouraged visitors to sign the guest book, shelter walls, or posts and took pleasure in coming down from his house to welcome them. Starting out using one coloured marker per year as a way to quickly identify who stopped in each year was soon abandoned, as there were so many visitors. Over the years, many have signed their names to mark their passage making it difficult to keep track, so Paul began simply counting the signatures. In 1998, the first

year, there were 628 signatures. Now, there are well over 1,700 to 2,000 visitors annually.

The Granite Rock Cenotaph and War Memorial on the site found its place when the D9 Cat hauling it couldn't pull it any farther. A memorial for his family members, the Cenotaph rests on a concrete base, which boasts the Canadian flag and a bronze plaque with a canister for ashes on the backside. There is some railroad memorabilia on site for those interested in articles from a past era, so stop to rest a while and read the posts. And don't forget your marker!



*It's Time to Get Out of the City,
Come Home to Boundary Country*

JENNIFER BROCK 250.446.2288
DIANE BIERNASKIE 250.446.2663

**MACDONALD
REALTY**
OKANAGAN SOUTH

We Make Buying & Relocating Easy. Discover Us At:
WWW.TOWNANDCOUNTRY4SALE.COM

HIGHLAND CABINS
Year Round Lodging and
Adventure in the
OKANAGAN HIGHLANDS.
250-484-5505 Beaverdell, BC
elobrien@telus.net



Rock Creek Fall Fair

Every year on the second weekend after Labour Day, the tiny community of Rock Creek is transformed into the center of attraction, when people come from all directions to attend the ever growing and popular Rock Creek & Boundary Fall Fair. Exhibits, entertainment, midway rides, concessions, commercial booths, horticulture and agriculture all together in an old fashioned country fair setting. The fine people of Rock Creek and surrounding areas volunteer tirelessly to plan the fair and have grown it into the biggest little country fair around. There is plenty of parking and on site camping is available. discoverrockcreek.com. rockcreekfallfair.ca. Rock Creek is an unincorporated community, located at the junction of Hwy 3 and 33, with services that include a gas station, convenience store, restaurants, accommodations and some specialty shops. Agriculture, forestry and ranching

are the mainstays of the local economy and gold panning, wildlife viewing, fishing, mountain biking, horseback riding and golfing are some of the areas recreational pastimes. In the winter snowshoeing and cross country skiing are very popular and an hours drive in three different directions will take you to a ski hill. Drive or bike 3km on Hwy 33 north of Rock Creek and you will come to the Kettle River Provincial Park. The park has a campground with sandy beach areas for swimming and tubing and you can also gain access to the Trans Canada Trail KVR trestle that spans the Kettle River. Also nestled on the shores of the Kettle River and great spots to stay with easy accesses to the trails, swimming and tubing are the Kettle River RV Park and Byman's Bend RV & Tenting. If you are heading to Rock Creek from the west you will be greeted with a spectacular view of the valley from far above, but don't let your eyes wander too long because you will also encounter a rather unique hairpin curve where the speed limit drops to 30km/hr. The main highway passes through the business section of Rock Creek where the speed is 50km/hr., it is best to use caution when driving past this busy stretch as you will find a treasure trove of activity during the summer months. Be sure to take some time to "Discover Rock Creek" any time of the year and you won't be disappointed!

ROCK CREEK



Rock Creek is where you'll find ranches that double as bed and breakfasts, where you can pan for gold in a Gold Rush creek and the fishing is golden too.



The Rock Creek and Boundary Fair takes place in September but that's not the only time you can shop in this riverside village. All year round you'll find eclectic goods to buy, rivers to follow and pub food to try.

This is country for horseback riding, mountain biking and golfing off the beaten track. Stop at a fruit stand, café or market to keep up your adventurous spirit.



<http://boundarybc.com/discover/rock-creek>



Canadianna Spicery

"Country Pepper Makes Your Taste Buds Sing"

Hand Blended Old Style Spice Blends

250-449-8231

4128 Hwy #3, Rock Creek, BC, V0H 1Y0

www.countrypepper.com ~ sales@countrypepper.com

Rock Creek Trading Post

Micro-Roaster of Fair Trade Coffee

Wireless Internet ~ Bistro ~ Gift Shop
Hemp Hearts ~ Coconut Flour & Oil ~ Chia Seeds

www.rockcreektradingpost.com ~ rockcreekcoffee@hotmail.com
250-449-8333 4128 Hwy #3, Rock Creek, BC V0H 1Y0

Kettle River RV Park

krrv@uniserve.com ~ kettleriverrv.com

All sites have full hookups. Lots of room for big Rv's. Large pull thrus.

Close to golfing, fishing, gold panning, hiking, canoeing, cycling the Kettle Valley Railway / Trans Canada Trail, swimming, tubing down the Kettle River or just plain relaxing. Enjoy it all, staying at Kettle River RV Park

1-888-441-2225 ~ 3255 Hwy #3 Rock Creek BC V0H 1Y0





Boundary Rivers

There are three rivers and many tributaries in the Kettle Valley originating from their source at Holmes Lake draining from the south slope of the Monashee Mountains. All are excellent choices to put your tube in and go for a float, drop a fishing line or just relax on the bank. The Granby River, also known as the north fork of the Kettle River flows down the North Fork Valley and offers cooler water temperatures than the Kettle. The east and west Kettle meet at Westbridge, flow down through Rock Creek east to Midway where it crosses the Canada/US Border before flowing back into Canada at the Danville border crossing before it continues onto Cascade and south into the US where it meets the Columbia River.

"Tubing" (pronounced toobing) A summer activity in Boundary Country the whole family can enjoy! **"Tubing"** the Kettle or Granby rivers is a popular way to keep cool on one of our famously hot summer days. From one hour to the whole day, stop at one of the sandy beaches, cool off in one of many swimming holes, or just lay back and enjoy the unique view of the world.

Where to put in:

Rock Creek – Kettle River

Kettle River Provincial Park
Byman's Bend
Deep Hole (*great swimming hole*)

Midway – Kettle River

Ingram Bridge
Suspension Bridge
(*behind the weigh scales*)

Grand Forks - Kettle River

Beach (*behind flour mill*)
Carson at Old Carson Bridge Site
Spraggett Bridge
City Park
Nursery Bridge
(*excellent beaches along the way*)

Grand Forks - Granby River

Hummingbird Bridge
Snake Hole
(*the gravel road after Copper Ridge*)

Where to get out:

Rock Creek Hotel
Deep Hole (Swimming)
Ingram Bridge

City Park
City Park

City Park
City Park
City Park
Nursery Bridge
Atwood

Pines Bible Camp
Barbara Ann Park

Approx Time:

3.5 hrs
3 hrs
1 hr

4 hrs
2 hrs

1 hr
2 to 3 hrs
2 hrs
1 hr
2 to 3 hrs

6 hrs
1 hr

Tubes can be acquired at local tire stores or there are fancy models available at other retailers close by. The times listed are approximate and are for the beginning of the season in July. Towards the end of August a one hour ride can become up to three hours. Late in the season, there will be spots you will have to walk. An appropriate flotation device and good swimming ability is recommended, as there are rapids and snags along the rivers. Most importantly, don't forget your sunscreen and a hat!

****If you are going to float any further than the Midway campground, please take note that the Kettle River flows into the United States just past this point, so you will have to check with US / Canada Customs regarding border crossings.**

RILKOFF'S GROCERY ~ GARDEN CENTRE
FRESH FRUITS & PRODUCE
Our Own Grown Fresh Unsprayed Fruits & Vegetables
Greenhouse & Hydroponic Supplies ~ Fireworks and Much Much More.....

250-442-2510 - 4415 Highway #3 West, Grand Forks - at Highway #3/#41 Junction

BYMAN'S BEND
"Respite On the River" and
Rock Creek River Run

RV sites & Tenting
Bike Riders Special:
1 Small tent & 1 Rider
\$15 per nite
1 Small tent & 2 Riders
\$20 per nite

4130 South Kettle Valley Rd. 250-446-2651

PINES BIBLE CAMP & RETREAT CENTRE

Kids Camps ~ Family Camp ~ Day Camps
Summer Fun for all ages!
Facility rental is available for retreats & special events

10005 North Fork Road (@ 8km mark) Grand Forks, B.C.V0H 1H8
E-Mail General Inquiries info@pinesbiblecamp.com
Tel: 250-442-0220 Fax: 250-442-0221-www.pinesbiblecamp.com

"Mile 0" MIDWAY



"Mile 0" MIDWAY

At an elevation of 570m (1,896ft), Midway is a quaint village that is nestled along the Kettle River. Also known as Mile 0, this enchanting community offers outdoor enthusiasts and history buffs alike a variety of activities and historical sites to experience. Hike, bike, float or chill out, Midway has something for everyone.

A must see is the Kettle River Museum situated right on Hwy 3. Located at "Mile 0" of the Kettle Valley Railway, one of the Museum's main attractions is the original Station House. Built in 1900, it currently houses exhibits commemorating the steam railway era of Southern British Columbia and the British Columbia Provincial Police. Set in a shaded picnic area adjacent to Hwy 3, visitors can also climb aboard a restored Canadian Pacific Railway caboose and many other outdoor artifacts. The main museum houses interpretive exhibits on the Kettle River Valley's rich cultural heritage, along with a gift shop that showcases regional history and local arts and crafts.

Looking for a campsite? Check out Midway's Riverfront Park. Steve Stewart, the affable host and manager of the campground is great to chat with and is knowledgeable about the area. Rent a canoe, paddles and life jacket to take a meander down the river. Inner tubes are available for free use by campers and for a minor fee, you can take the shuttle up to Ingram Bridge and float the 10km back to camp.

The entwined trees located adjacent to the secondary school have a special and unique story. The two entwined saplings have now grown to be mature trees, the original "twist" can be clearly seen. "Yet they are separated, be as one".

Midway's past was shaped by gold and railroads, and today is shaped by the lumber industry and tourism. Come visit and find your "Adventure Unlimited!"



James G. McMynn Agencies Ltd.
INSURANCE
 Commercial, Marine, Farm, Travel, Homeowners, Tenants
250-449-2313
 591 5th Avenue

Boundary Creek Motel & RV Park

250-445-6641 **1-888-518-4479**
 Hwy #3 Greenwood, PO Box 125, V0H 1J0
 email: boundarycreekmotel@gmail.com - www.boundarycreekmotel.com

Bored Room Bistro
 Eat In, Take Out, Delivery
 Visit our website to view Hours and Events!
 We also do Catering! Having a Family Get Together?
 Give us a Call!

BEST PIZZA IN TOWN
 Find us on Facebook!
250-449-2465
 607 8th Ave. Midway, BC ~ info@boredroombistro.com ~ www.boredroombistro.com

McMynns BUILDING CENTRE

 Hardware & Building Supplies
250-449-2466
 591 5th Avenue

McMynns Foods

 Liquor Agency - Lottery Outlet
 Meat - Bakery - Grocery - ATM
250-449-2242
 630 Florence St.

Mile Zero of the Kettle Valley Railway

Mile "O" Diner
Mile Zero Motel
 Two Great Services ~ One Location

 Without a doubt, the best dining and accommodation in the Boundary Diner: 250-449-2789 / www.milezeromotel.com / Motel: 250-449-2828
 622 Palmerston Ave., Midway BC V0H 1M0 / email: zeromile@shaw.ca



Now considered a ghost town, Deadwood town site is located just a short hike from the City of Greenwood. The town came into existence in 1897 due to the number of copper claims within the area. The claims included Eagle, Big Ledge, Butte City, Spoiled Horse and the Mother Lode. The Mother Lode became a large producer of copper, and although Deadwood Mine closed within a few short years the name lives on.

While the mine was open and producing, there were many families who called the town of Deadwood home. At that time, the town contained two hotels, a store and post office as well as a school. The original town has all but disappeared, but today there is a fantastic place to stop and soak up the history of a past era.

As you round the corner, it comes into view located at the junction of Hwy 3 and Deadwood Rd. The old board and batton building that is now called Deadwood Junction opened in 1940 as the infamous Phoenix Service Station.

The historic building is now a haven for those travelling Hwy 3 for here you will find a happy smile, hot or cold drink treats, delicious home baked goods and a seasonal outside BBQ stand. Among the many treasures to be discovered inside the oasis, there

are also woodcarvings done by local artist Jim Harris of Silkenwood Custom Carving Gallery and Workshop.

Now a ghost town, the City of Phoenix was a once thriving mining town, once called the "highest city in Canada." With 20 hotels, churches, a brewery, City Hall and hospital, the town's population numbered in the thousands. After the mine closed in June 1919 the residents moved on and in 1920 a wrecking crew came to dismantle most of the buildings. All that remains now are the WWI Cenotaph and the historic Phoenix Cemetery that is lovingly tended by the Boundary Historical Society. An interpretive drive can be taken to the site by taking Greenwood Road, which turns into Phoenix Rd.

This year make Deadwood Junction and the City of Greenwood part of your travel plans, and while you're here, stay with us a night or two at the Boundary Creek Motel and RV Park. We're expecting you!



We are the proud home of Eva's famous cinnamon buns, fine Oso Negro coffee and a first-class customer service experience.

Just steps from downtown Greenwood, B.C., enjoy the experience of Deadwood Junction while you explore the history of Boundary Country.



Local Artisans~Antiques~Oso Negro Cappuccino~Gourmet BBQ~Bakery
250-445-2255 ~ Open 365 Days a Year ~ Highway #3, Greenwood



the Authentic Rural Experience!

Rural Grand Forks encompasses the area from the Canada/US Border north to Granby Provincial Park, east to Gladstone Provincial Park and west to Eholt Summit. Agriculture has been an important part in the development of the region starting with the early settlers. Although farming has been central to life in rural Grand Forks since before the turn of the last century, one group known for their industrious farming practices are the Doukhobors.

In 1908 many of the Doukhobors migrated to the Grand Forks area and farmed large tracts of land. Fertile land and good growing conditions were taken advantage of and soon the community was producing seeds for the world's gardens shipping them all over Canada, US, Great Britain, South America and other parts of Europe.

Before WWI, seed growing was slow and not overly successful, but production increased with the onset of crop dusting. Most growers shipped their seeds through the Grand Forks co-op to Vancouver or sold them to the Dutch Seed Merchants. Many farmers were able to earn the full price of a farm in just one year. In 1946 the gross sales for seeds totaled \$36,000 and by 1947 the profits had grown to \$2million. A huge amount even today! The farms were carefully segregated, scientifically fed, and irrigated by pumping water from the Kettle River. Most of the farms were 30 acres or less. Many types of seeds were grown, as the valley's geography didn't promote cross-pollination. Soon fields of flowers such as petunias, pansies and cosmos were in full bloom and with careful tending, the seeds were collected at the appropriate time starting in August.



Boundary Country weather forecast:

Sunny, with a chance of imagination



Carrots, radishes, onions, lettuce and other produce were also grown for personal consumption as well as for sale. Often part of a crop would be sold or traded for farming equipment, wagons and implements.

Agriculture and farming were incredibly important not only to the Doukhobors, but to the community as a whole. With the inception of crop dusting to guard against blights and bugs, Grand Forks was known for having some of the cleanest disease free produce. In all, there were 29 different nationalities of people working together harmoniously.

On Reservoir Rd in Grand Forks where the Boundary Museum is located is the land the historic jam factory once operated on. On site there was also a brick making plant and although this is a residential home now, the barn, former school and an out building

still stand. Across the Grand Forks area you will notice many brick buildings from that era, some in disrepair and others restored to their original humble standards.

Farming practices have evolved over the past several decades and Grand Forks agriculture has grown with the times. From the Grand Forks apple crops of yesteryear to the now thriving nursery industry, organic market garden production and sustainable farming practices, the future of agriculture in the valley is well secured. To see, learn and experience more about the history of the Doukhobors, agriculture and the heritage of rural Grand Forks, there are three places of note that must not be missed. Visit the Boundary Museum on Reservoir Rd, the Doukhobour Heritage Flour Mill and Welcome Centre on Hwy 3, and Gallery 2 at Central and 5th St. It's where our roots are.

REC TECH R.V. SERVICE



Service & Repair
Parts & Accessories
Mobile Service Unit
250-442-0775
Cell: 250-443-9020

rectechrv@gmail.com / Grand Forks BC



**PHILIPPE
THE
BUTCHER**



Quality Deli Meats - Custom Butchering
Watch for the Truck in the Summer Fairs and Farmers Markets
or call 250-442-3636

Maple Lane Alpaca Farm



Variety & Quality of Alpaca Apparel & Accessories, Farm Tours (May to Oct)
3915 West Highway #3, Grand Forks, BC 250-442-6642
Wayne & Noreen Johnson maplelanealpaca@shaw.ca

PV Ranch Adventures

A family oriented and friendly working ranch.

Become a Rancher for a Day, Ride the Trails or just lay back & enjoy the stars.

Lakes, rivers & mountains provide lots of chances for great fishing & hunting experiences

Come and enjoy our "Rural Life Experience"



1-250-442-5525

<http://www.pvranchadventures.com>

12800 North Fork Road

Grand Forks British Columbia V0H 1H1



the Best Little Mountain in BC

Winter has never been more fun than now at Phoenix Mountain in Boundary Country. Alpine Skiing at Phoenix Mountain has been happening since 1968 when a group of dedicated ski enthusiasts got together and formed a group, which today runs the hill as the Phoenix Mountain Alpine Ski Society. Years before, there existed a tow rope up at Marshall Lake on what is now known as 'tele hill'. Skiers would descend the slope and end up on the ice of Marshall Lake.

This family friendly facility is situated an easy 8km drive up a well maintained road off Hwy 3 between Grand Forks and Greenwood. A 2 hour drive from Kelowna to the west and 1.5 hours from Rossland

in the east, Phoenix provides great affordable skiing with a friendly and intimate family atmosphere. Eleven runs cover a vertical rise of 800 feet (250m) serviced by a T-bar and rope tow. Base facilities include a Day Lodge with licensed cafeteria, a Rental Shop and a Ski / Snowboard School. The ski area boundaries encompass approximately 30 hectares of skiable terrain. Recently the amount of alpine skiable terrain has increased and the alpine ski society has been able to negotiate with the province for a much larger Controlled Recreation Area. The ski area is situated within the Phoenix Interpretive Forest, which is accessible by numerous old logging roads and railway beds and is also very popular with the cross country ski crowd.



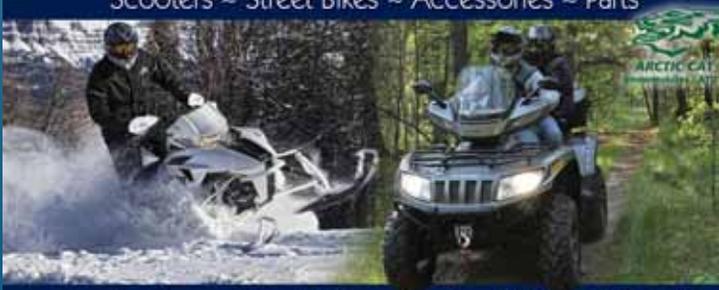
B&F

SALES & SERVICE

WHEN GOING OFF ROAD IN THE BOUNDARY, GO WITH THE BEST!



We can Provide you with the Latest & Best in Power Sports
 Snow Mobiles ~ ATVs & Side X Sides ~ Dirt Bikes
 Scooters ~ Street Bikes ~ Accessories ~ Parts



Family Owned and Operated ~ 250-442-3555
7466 2nd Ave. Grand Forks, BC V0H 1H0

What goes on under your roof is Your Business...

What goes on top is Ours

250-443-4144

VALLEY ROOFING





Gary Smith
"For Results that Move You"
 grandforksgary@gmail.com
 Cell: 250.443.1256 Office: 250.442.2711

Grand Forks REALTY LTD.

272 Central Ave, Grand Forks. www.grandforksrealty.com

Blair's Home Inspections

For the Ultimate "Peace" of Mind when buying your home!



Serving South Central BC




250-442-8175 ~ Cell: 250-443-1905 ~ blairshome@nethop.net



- PHOENIX**
Ski Run Legend
Upper Montezuma
Lower Montezuma
Bobcat
Beginner Area
Little Annie
Upper Face
Lower Face
Upper Sternwächler
Lower Sternwächler
Old Drop
Sawtooth Trail
Topping
Phoenix Loop

Cross country skiers and snowshoers enjoy the outdoors at Marshall Lake where miles of groomed trails await. For many years the Phoenix XC ski trails were groomed by the staff from the Recreation arm of the BC Forest Service who also provided firewood at a couple of shelters in the area. When these resources disappeared the grooming was carried out on an ad hoc basis by a variety of individuals including staff from the Alpine Society. It was recognized however that occasional grooming did nothing to promote the area or the sport so a number of individuals got together and decided to make positive change. In the fall of 2000, the club organized a work party and over a period of a few weekends an A-frame structure was erected to serve as a shelter for the cross country skiers using the area. Recently, with the availability of funding imminent the club decided to incorporate. The club is now a registered society called the Phoenix Cross Country Ski Society with 35 paid members

currently. In the summer of 2006 the club received funding through Tourism BC to make major improvements to our shelter (dacha) as well as to widen some of the existing trails to accommodate larger grooming equipment. In future the society would like to see the trail system established as an area that would attract nordic skiers of all persuasions be they classic, backcountry or freestyle as well those who prefer snowshoeing. The nordic ski area is also known as dog friendly so bring your pooch and a bag for the brown klister.

To reach the Phoenix Mountain travelling east from Greenwood drive 20km along Hwy 3 and turn right at the Phoenix Mountain overhead highway sign. To access the Alpine area drive about 8km and turn right onto Ski Hill Rd. Drive another 2km to the Phoenix Mountain Ski Lodge. To access the cross country trails do not turn right but continue to the top of the mountain and bear right at the cenotaph.

BIG Y RENTALS
X Country Skis & Snowshoes

250-442-3838 ~ 250-442-5504
2375 Carson Rd. Grand Forks BC

B.C.'s very own food people
Serving & Supporting BC Communities Since 1915
Overwaitea Foods

Organic & Gluten Free Section ~ Pharmacy ~ Deli ~ Bakery
441 Central Avenue, Grand Forks ~ Store: 250-442-2778 ~ Pharmacy: 250-442-3147

Your Dollar Store With More

222 72nd Ave. GRAND FORKS
Party Central for all your celebration needs!
More Selection, More Value and a lot More FUN!

Clyde's **The Place to Be**
GREAT TIMES ~ GREAT FOOD ~ GREAT DRINKS
Free Billiards Sunday & Monday, Big Screen Projection TV.

Don't forget to visit our web site at clydes-pub.com for our Daily & Lunch Specials
250-442-3913 ~ 7248 2nd St. Grand Forks

GFCU MoneyWorks

"We always have the best interests of our clients in mind."

John McPhee, CFP, CLU
1-250-442-4002

Serving Grand Forks, Christina Lake, & the Boundary Region

Grand Forks Credit Union
Mortgages * Loans * Savings
Online, Telephone, In Person & Mobile Banking
Tuesday to Friday: 9:30am to 5pm - Saturday: 9:30am to 1pm
447 Market Avenue - 250-442-5511 - www.gfdscu.com



the LEGEND OF BILLY MINER

Both a gentleman and a bandit who always wished his robbery victims a "Good Day" as he rode off with their money, Billy Miner was an infamous American stagecoach and train robber. He and his partners in crime are responsible for the first train robbery in BC history, which took place at Mission. Although most of his exploits took place in the United States, he spent time in these parts from 1904 to 1907. The way I heard the story goes as follows:

Settling down in Aspen Grove under an alias name of George Edwards, Bill Miner was known as a friendly fellow who played his fiddle at town dances and gave local children rides on his horse. Unbeknownst to the locals, robbery had an allure that he just couldn't deny even though in the USA he was almost always caught and spent the better part of his adulthood incarcerated there. He escaped from every prison he was sent to, some of them several times and it was said there wasn't a prison built yet that could hold him.

In the beginning, he started out robbing stage coaches, but when the steam era started and trains were moving across the vast country, Miner discovered it was far more lucrative to rob the train and quickly evolved his style.

When he came to BC, he hatched a plan that would challenge the CPR to re-evaluate their safety policies. Using a clever scheme, apparently Miner was able to signal to the trains telegraph operator pretending to be one of the CPR employees. He explained they had lost the combination to the train's new safe and to please leave it unlocked. When the train stopped at Mission to refill their water supply for the steam engine, Miner and his partners in crime boarded, opened the safe, and much to the conductors surprise, removed \$50,000 in silver bonds and about \$7,000 in cash before disappearing into the dense forest. The year was 1904 and for two years, he lived inconspicuously near the town of Princeton, BC. Mostly a loner, Miner spent some time travelling the valley between Princeton and Greenwood and was known to enjoy some social time in the local watering holes.

In 1906, he robbed a train close by Kamloops, BC, but the surprise was on Miner this time as there was only a scant \$15 in the safe. It was the wrong train! During the scuffle the train conductor had bumped the mask Miner was wearing and was able to describe him to authorities. The "MO" was similar to a robbery that had



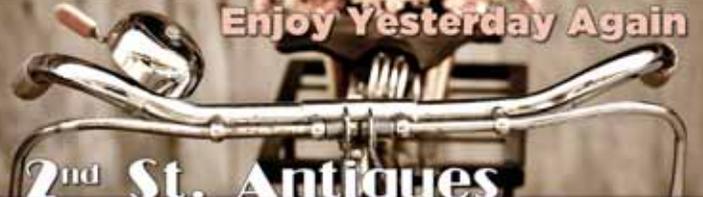
LIQUOR STORE







Cold Beer~Wine~Liquor~Mix
Wine Glasses~Specialty Items~More
9 AM TO 11 PM - 7 DAYS A WEEK
1675 CENTRAL AVENUE, GRAND FORKS



Enjoy Yesterday Again

2nd St. Antiques

250-442-6729 Corner of Highway #3 and 2nd St. Grand Forks

Grand Forks Station



Neighbourhood Pub



Columbian Grill
Dinner & Drinks

Next to the Trans Canada Trail

New Wheat Free Menu Options

Daily Specials (eat in only)

Mon ~ Thurs: 10am to 10pm
Fri & Sat: 11am to Midnite
Sunday: 11am to 11pm

250-442-5855

email: thestationpub@shaw.ca
www.gfstationpub.com
 7654 Donaldson Dr. Grand Forks





happened in Oregon a year or so earlier with the only description being that the robber was "polite" which put them on the track of Miner. A posse was formed, and after a 50 mile horse chase, the group was arrested outside of Douglas Lake near the city of Merritt while they ate their lunch.

Reputedly the first robber to use the phrase "Hands Up!" Billy Miner never harmed anyone during his exploits and when he was finally arrested in Kamloops BC, the people who knew him couldn't believe it. Even with a first hand witness and all the proof needed, a jury couldn't be found that would believe Miner had committed the crimes he was accused of. After a second trial, Miner was sentenced to life in the BC Penitentiary.

There was still the issue of the missing \$50,000 silver bonds. The company who owned them wanted the CPR to repay the value of the bonds so it was very important for them to get Miner to tell where he had buried them. Officials from the train company and the prison came week after week pleading with Miner to tell them where

he hid them. Finally an arrangement was made that would let Miner go free, but it had to look like an escape so the prison warden could save face. Miner tunneled a small hole the size of a mans arm under the wall of the exercise yard of the prison, just out of site of the guards. The legend tells that Miner escaped by wriggling through the hole and escaping back over the border but it appears he actually walked out the front door with the CPR officials and took them just outside of Princeton where he gave back the stolen bonds.

After returning to his home country, he robbed yet another train and was caught again. This time, he was sentenced in Georgia to life imprisonment, but escaped into the Georgia swamps. Ingesting swamp water, he became so ill, it was a welcome relief when the search party looking for him came within shouting distance, and Miner gave himself up to be rescued.

He never recovered from the swamp sickness and spent the last of his days sitting on the infirmary steps giving interviews to the media about his exploits. And so goes the story of Billy Miner as I heard it.

THE PLACE TO BE

OMEGA Restaurant

Out-Door Patio

*Comfortable Interior Dining
Banquet Facilities*

OMEGA 7400

MasterCard VISA

Steaks ~ Seafood ~ Pizza
Authentic Russian, Greek & Italian Specialties

BREAKFAST ~ LUNCH ~ DINNER
250-442-3124 ~ 7400 Hwy #3, Grand Forks

CGA *Lia Azure Inc.*
Certified General Accountant

Count on Us!

250-442-0141 7157 3rd St. Grand Forks

Florences Jewellery

Giftware ~ Jewellery ~ Watches ~ Watch Batteries ~ Jewellery & Clock Repairs

250-442-2213 ~ 7353 2nd St Grand Forks

Grand Forks REALTY LTD.
grandforksrealty.ca We have the keys to your new home...

...in the Sunshine Valley

Family Living ~ Aquatic Centre, Ice Arena, Hospital,
Community Walking Trails, Christina Lake & Golf Courses close by

(250) 442-2711 Toll Free: (800) 567-3199



Our Heritage

Also referred to as the Sunshine Valley, Grand Forks' early settlers discovered a fertile valley suitable for farming and growing crops. In the late 1800's the glory days of the mining boom brought thousands to the area with dreams of finding the mother lode and in 1908 the Doukhobor people arrived bringing with them a unique way of life.

The legacy of the original settlers, miners and railway men who were instrumental in the development of Grand Forks can be seen all around as you tour the city today.

Grand Forks Gallery 2 Art & Heritage Centre is located in the original provincial court house on Central Ave and 5th St. A landmark building in the community with considerable historical importance,

Gallery 2 provides visual arts and heritage exhibitions, educational programming and hosts special events throughout the year.

The Grand Forks and District Heritage Welcome Centre and Doukhobor Flour Mill are also of historical significance. Recently re opened as a Heritage Welcome Centre, the site began milling flour in the 1920's. Restored to its original form by local volunteers the site is once again milling brown and white wheat, rye and tritcale on demand producing "Pride of the Valley" flour. The products are available at various retail stores in the Kootenay Boundary and Okanagan regions and are also used by local USCC Ladies Bread and Lapsha groups. Located on Hwy 3 by the USCC hall, look for the red building with the millstones on the front lawn.

The Boundary Museum and Interpretive Centre located on Reservoir Rd is Grand Forks' official museum and has a vast collection of artifacts and attractions regarding the heritage of the region. Inside the museum you will see a replica of a Doukhobor classroom complete with the writing of lines stating "I will not speak Russian in school" to a scale model of the Granby Smelter and much more. The museum has recently constructed a one of a kind shade shelter with the hard work of museum staff and volunteers. The shade shelter can be used on a drop in bases, can be booked for larger events or you can book the gathering room inside to hold your special event.



Russian Lapsha Noodles
 Available At: Buy-Low Foods, Rilko's New West Trading Health Food Store and Grand Forks Farmers Market
Semenoff Vegetarian Kitchen, Grand Forks BC ~ 250-442-0467



His'n Her Fashions ... the image makers
 250-442-3543 239 Market Ave. Grand Forks



Grand Forks Home Hardware
 "Home Owners Helping Home Owners"
 Everything to make your Holiday complete!
 Plus Hardware, Fishing & Hunting Licenses, Kitchenware, Garden Tools & Supplies, Giftware and More!
Open 8:00 to 5:30 Sundays 11 - 4
 Under New Management
442-3135 350 72nd Avenue, Grand Forks

Grand Forks & District HERITAGE WELCOME CENTRE



DOUKHOBOR FLOUR MILL
 3620 Mill Rd., Grand Forks ~ Milling Flour Since 1915 ~ 250-442-3737 ~ www.boundarymuseum.com ~ 6145 Reservoir Road, Grand Forks BC

BOUNDARY MUSEUM & Interpretive Centre
 at the Historic Fructova Heritage Site





Play Ball!

Follow the fork in the road to Grand Forks, BC this summer! Starting from humble roots as a local ball tourney, the Grand Forks International Baseball Tournament has come full swing into its own as an international tournament hosting teams from far and wide.

In 1984 the tournament increased to 12 teams, but it wasn't until 1987 when the true "international" flavor was added as Grand Forks welcomed Japan for the first time and Taiwan in 1988. This tournament is a must for any baseball aficionado and is sure to please and excite the most discerning spectator.

Competing for up to \$54,000 in prize money, the GFI will see 12 teams play 25 games over 6 days in North America's richest tournament.

Displaying exceptional talent on the ball field, at least 36 former players from the GFI are in a select group that has made it to "The Major League Show."

Once again, the Tournament Committee has put a great deal of time and effort into the preparation of the 2014 GFI, ensuring a fantastic event for spectators and players alike. Taking place at James Donaldson Park **June 25th to 30th 2014**, teams from all over North America will be coming to BC for the 33rd time and Grand Forks will be their host.

Fun atmosphere and "off your seat" entertainment! Come meet tomorrow's stars this summer at the GFI. We'll see you at the game!

THE 33rd GRAND FORKS INTERNATIONAL BASEBALL TOURNAMENT

Richest Invitational Tournament in North America!
June 25th to June 30th, 2014

12 teams playing 25 games of great baseball,
 over 6 days & competing for \$54,000 in prize money!



Great Baseball! Great Atmosphere! Great Entertainment!



Children 6 to 11
 \$4.00
 Under 6 Free

COME SEE TOMORROWS STARS TODAY ~ 6 DAYS OF FUN FOR THE WHOLE FAMILY ~ JUNE 25th TO 30th, 2014

Single game admission ~ \$6.50 (senior/student \$5.50) ~ Tournament Pass \$115 ~ Family \$275 ~ Senior \$100 ~ Reserve \$145

Early Bird (before May 1st) Tournament passes - \$100.00 ~ Family \$240 ~ Senior \$85 / Reserved seating - \$130.00

For teams, schedule and more information visit our website @ www.grandforksbaseball.com

The MOUNTAIN WAGON Stagecoach



the MOUNTAIN WAGON STAGECOACH

Whoever wrote "She'll be coming 'round the mountain when she comes" obviously didn't travel by stagecoach in this region. For if they did, they would know that here we didn't just go around the mountains, we went over them too.

The Mountain Wagon Stagecoach in this region had the distinction of a unique spring stabilization system instead of the traditional four inch buffalo straps used on other coaches. The buffalo straps were hard and rigid and allowed the wagon to perilously sway back and forth so when uneven steep ground was encountered, the wagon had the propensity to tip over spilling passengers and cargo alike. It was quite a problem and to help correct the issue a spring suspension system was developed and installed and the wagon continued to haul passengers and cargo over and around the mountains once again. The coach had room for six passengers plus driver and

shotgun rider, and outside, on top, up to 5 or 6 could perch.

With all the cargo piled on top of the carriage and passengers on board, the coach set out from Bossburg, USA to the Kootenay Boundary region of BC. Although there were several different routes used by various stage coaches in the region, the general route used to transport passengers from Bossburg USA to Greenwood BC was long and treacherous and took two days to accomplish. Starting out in Bossburg, the wagon driver would go over the top of the mountain and down into the Kettle Valley ending up three miles below the town of Laurier depending on the river. Here they forded the Kettle River using Hall's Ferry when necessary and came into the town of Cascade. Travelling on that side of the river for about 1.5 miles, they crossed again below Howie's Farm where part of the old wagon route still exists before arriving into Grand Forks and the former City of Columbia where the passengers and driver would overnight. The original building is now the Station Pub and the trail, now part of the Trans Canada Trail, is just out the back door. Heading towards the Danville Border at the old Carson Rd. crossing to pick up more passengers, the coach would come back onto the flats to the bottom of what is now called Spencer Hill and turn up May Creek towards the many mining camps including the "lost City of Paris" that dotted along the border. Following McCurdy Creek to Boundary

YALETOWN ACUPUNCTURE
Beverly Osachoff, R. TCMP

250-442-9662
appointments@yaletownacupuncture.com - www.yaletownacupuncture.com

Needles or Facials, Potions or Plasters,
Beverly has what you need for all life's disasters

235 72nd Ave. Grand Forks BC

RB MECHANICAL
AUTOMOTIVE SERVICE

BRAKES - TUNE UPS - AIR CONDITIONING REPAIRS
DESIGNATED INSPECTION FACILITY - RADIATORS

250-442-8868 tech@rbmechanical.ca
7436 DONALDSON DR. GRAND FORKS

MEL'S FUN STUFF
COOL THINGS FOR EVERY OCCASION

Sasquatch Mel Lives Here!
Don't forget your camera!!!

7375 2ND ST. GRAND FORKS 250-826-9322

Johnny's Motel

Close to Town
Riverside Location
Heated Seasonal Pool
Returfished Rooms
Cable TV + Kitchen Units
Wireless Internet

www.johnnysmotel.ca

BEST IN TOWN

Ph: 250-442-8242 - 7291 Hwy 3 E. Grand Forks

Great Food 50's Atmosphere

HAPPY 50'S DINER DAYS

250-442-5585 - 131 Central Ave. Grand Forks



Creek, the coach would cross once again into the town of Anaconda and travel a few more kilometers onto Greenwood. There is some debate as to the exact route, but the above description gives a good idea. Other routes included stage lines to the booming cities of Phoenix and Rock Creek.

The coaches were pulled by a team of four horses and would take any cargo that would fit. If you were affluent and could afford the 50¢ fee to travel first class, you could sit where you wanted and you didn't have to help during the journey. If you were a second class passenger, you could sit where you could find a spot, but would be required to assist pushing the coach on steep ground if needed or get out and walk to lighten the load. Third class passengers could sit if they could find a spot, and had to push, walk, dig and help with the horses at the outposts. Tired horses were switched for fresh horses about every two hours at outposts stationed along the way. The hardest pull for the horses on this route was from Spencer Mountain to the city of Paris, but in 1906 a new route up Fisherman's Creek to Eholt was built which cut about 1,000 feet off the climb. The stagecoach companies hired people to fall trees and build rock retaining walls to clear a swath to make way for a flatter more level route.

Stagecoach robberies happened occasionally and it was reported that a fellow by the name of Tom McKay managed to rob the coach between Cascade and Grand Forks even though there were always two stagecoach "staff members" on board for each trip to ensure

safe passage. The "teamsters" job was to drive the horses, navigate the route, look after the passengers and make sure they arrived safe and on time. The person riding "shotgun" was charged with protecting the coach, passengers and cargo. Riding up front with the teamster, he would be in possession of an 18" shotgun made specifically for stagecoaches by the Browning Rifle Company which was kept ready and at hand. With the shortened barrel it could be leveled and fired quickly without risk of shooting out the front of the coach.

Restored by local volunteers of the Boundary Museum and Interpretive Centre and the Boundary Woodworkers Guild over the course of 1100 man hours, the Mountain Wagon Carriage has been rebuilt to original standards. The Boundary Museum and Interpretive Centre of Grand Forks is the proud custodian of the Mountain Wagon Carriage and if you would like to learn more about the history of Grand Forks, a trip to the museum is a must.

Photos for this story are courtesy: Boundary Museum and Interpretive Centre.

SUNSHINE VALLEY APPLIANCE
 Inspections * Service * Sales * Parts * Wett Inspections
Wood • Pellet • Gas

250-442-2272 / svappl@telus.net
 7362 2nd St. Grand Forks, BC V0H 1H0

ORGANIC FOODS & SUPPLEMENTS
 Certified Natural Products Advisor
NEW WEST TRADING Co.
 1985

A HEALTHY ALTERNATIVE

Monday thru Saturday
 278 Market Ave. 250-442-5342

ART EFFECTS GALLERY

Local Artists * Custom Picture Framing
 Russian Folk Art * Amber Jewellery
 Home of Gary Trent Photography

248 Market Ave., Downtown Grand Forks, B.C. - 250-442-2787

RE/MAX
 Little Oak Realty
 Each Office Independently Owned and Operated

Brian Thate
 Grand Forks
 250-442-7370 / TF: 1-800-668-8661

BUY-LOW FOODS

... and down goes your food bill!

442-5560 ~ 7320 4th St. Boundary Mall

OPEN FOR YOUR CONVENIENCE
 Hours: 8am to 7pm, Mon. to Sat. 9am to 6pm, Sundays

PROUD SUPPORTER OF THE COMMUNITY

ANDY'S UPHOLSTERY

Custom Auto's, Boats, Furniture and More!
 250-442-2499 ~ 162 B, 72nd Ave., Grand Forks, BC



GRAND FORKS Original Peaceful Living

Known for its original peaceful living, the City of Grand Forks is a relaxed yet vigorous community. With no pressure from traffic, parking meters or crowds, visitors will surely find themselves immersed in some old-fashioned small town hospitality. With a population of just under 4,000 people, the city unfolds before your very eyes as you round the corner at the top of historic Spencer Hill when coming from the west. The valley looks like a patchwork quilt of gorgeous greens and earth tones complimenting the blue waters of the Kettle River as it flows its course along the valley bottom. Coming from the east, it can be cloudy elsewhere in the valley but a ray of sunshine always seems to lead right to Grand Forks. The valley is low and level and a vast array of lush farmland and rolling hills will greet you. Keep your eyes on the road, but a keen lookout for the California Big Horn Sheep and Mountain Goats that are frequently seen along the flat sections of road here.

Bald Eagles are also present and are often seen in treetop nests along the banks of the Kettle and Granby rivers. Great photo opportunities abound, so have a camera ready.

Grand Forks has a municipal airport with 4300 feet of runway and boasts an active community minded flying club. The members of COPA Flight 62 routinely invite the public to various displays such as Fly In Show 'n' Shines, Airport Appreciation Day, and Show 'n' Shine Bike and Car displays. The next Fly In Show 'n' Shine is scheduled for Aug. 24th, 2014; for more information contact Ann Gordon at 250-442-8388.

During the spring and summer months, many residents and visitors can be found at Gyro Park on Central Avenue across from the Overwaitea store enjoying local performers at the weekly Music in the Park event. Bring your lawn chair or blanket and

— PROUD TO CONTINUE THE TRADITION OF — ORIGINAL PEACEFUL LIVING.

Grand Forks is located in Boundary Country, in the open, sun-filled, east-west valley of the Kettle River. Comprehensive community trail systems, riverside parks, tubing, fishing and winter sport paradise.

Escape the noise and pressure of crowded cities and experience original peaceful living in open spaces, the natural rural setting and the slower pace of life, found in Grand Forks.

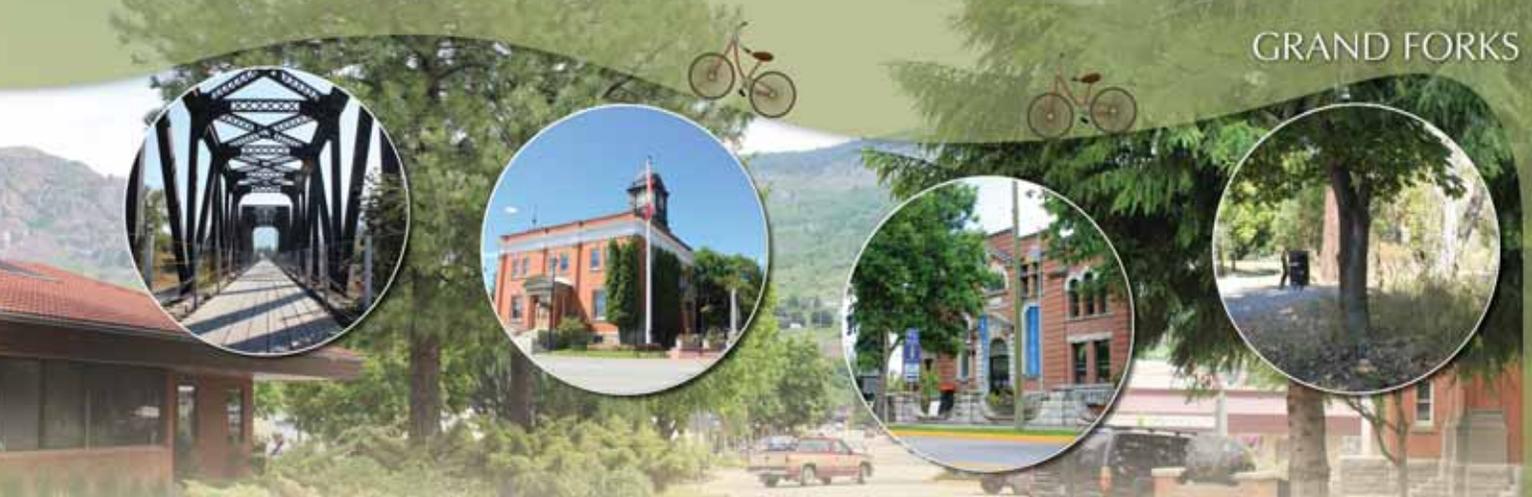
History, culture, adventure and so much more abound, airport, curling, hockey, the richest invitational baseball tournament in North America, BMX track, skateboard park and it doesn't stop there!

www.grandforks.ca

BOUNDARY  COUNTRY



Settle down.



prepare to absorb the local culture for there is an abundance of talent in our valley. You'll be on your feet or singing along in no time!

Fall and winter months bring a new host of events for all to enjoy including the popular Grand Forks and District Fall Fair and the well planned and attended Santa Parade. Many local businesses also sponsor a free evening of skiing at our local Phoenix Ski Hill bringing the community together in another fun and active way. In keeping with the healthy lifestyle here, countless residents enjoy the various exercise programs at the Grand Forks and District Community Recreation Centre and welcome new comers and visitors to join them. The Grand Forks Border Bruin's Hockey Team hail from the on site arena and many come out regularly to support and cheer them on.

The many community walking and cycling trails in and around Grand Forks have been thoughtfully appointed and maintained so there really is something for everyone. The portion of trail behind

the Station Pub on Donaldson Dr. will take you right into City Park and is part of the Trans Canada Trail system. There are washroom facilities and a child's playground as well as a Nationals quality BMX track all located within the park, which is in easy walking distance to the downtown core. Enjoy a picnic lunch or refresh yourself with a plunge in the cool waters of the Kettle River and if you are inclined, camp a night or two in the municipal campground right there. To book your spot, or pick up maps of the community trails and driving routes go to the Grand Forks Visitor Information Centre at 5th St. and Central Ave. While you're there, take a stroll through the Gallery 2 Arts & Heritage Centre that share the original Court House building with the visitor centre. There is a gift shop featuring works of local artists and exhibits that will fascinate.

Grand Forks is rich in culture and history just waiting for you to discover. From early mining days that built the community to the Doukhobor influence of peaceful living, Grand Forks has it all. From baseball to borscht, you'll love it here!

also see our ad on map



lone tree COFFEE

jogas

Espresso café
www.jogas.ca

Ahhhh ...
that feeling when
that first sip of
coffee touches
your soul

Eat-In or Take-Out
Soft Ice Cream
Wireless Internet
Outdoor Patio




Mon to Fri 6am to 6pm / Sat 7am to 4pm / Sun 9am to 2pm

250-442-5558

936 Market Ave. Grand Forks, BC




Welcome to Beautiful Grand Forks



Grand Forks Visitor Centre

- Reservations for municipal campground & Rock Candy Mine Tours
- Maps, restaurant, accommodation & trail guides. Fishing Licenses.
- Historical Walking Tour & Self-guided driving tours to Phoenix & North Fork Valley

250 442 5835 gftourism@g2gf.ca

Located in gallery 2 Art & Heritage Centre

gallery 2

Grand Forks & District
Art & Heritage Centre
250 442 2211

Visit www.gallery2grandforks.ca for
Hours of Operation,
Current Exhibitions,
Events and Programs

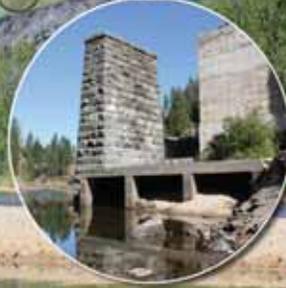
The Gift Shop



at gallery 2

524 Central Ave., Grand Forks, BC

GRANBY PLAYGROUND



GRANBY PLAYGROUND

A tributary of the Kettle River, the Granby River runs for approximately 105km and originates in the Monashee Mountains west of Fauquier on the Arrow Lakes. A mecca for adventure seekers, the Granby River offers a spectrum of options ranging from challenging whitewater sections in the middle segment to placid water at the lower end better suited for tubing and swimming. With many sandy beaches and a community walking trail that runs along the bank, there is opportunity for biking and hiking as well.

One sight of interest you will find are the remnants of the old Granby Dam site. A visual guide are the black slag heaps that can still be seen from Riverside Drive or towering above Granby Road on the way to the land fill. Built using 12 x 12 timbers and back filled with rock and gravel in a gorge created by the river, it was 53m across and 22.86m at the base. The backed up water created a reservoir

known as Smelter Lake. The Dam supplied power to the City of Grand Forks until low water levels finally took their toll in 1938 and by 1946 the dam was considered to be beyond repair. May 24th, 1948 brought a calamitous flood when a log jam developed behind the now abandoned dam. Dynamite was used in an attempt to free the logs, but the weight of the water snapped a pier off the old dam and a five-foot wall of water went roaring into the valley flooding the town. There are reports of two elderly ladies being swept off the sidewalk they were strolling on and the town taxi driver had to be rescued by boat. In some low-lying places, the water was up to 8 ft. deep and approximately 50 houses were flooded. For more information go to boundarymuseum.com.

Granby Provincial Park is just to the north of Grand Forks and is a pristine wilderness area that has some of the best grizzly bear habitat in the southern Monashee Mountain range. It is one of the last intact

TPG THISTLE POT GIFTS

Authorized Pandora Dealer

1,800 sq. ft. covering
Two floors of
Home & Garden Decor
and
Out Door
Garden Centre



Last of the False Front Buildings

This end-gabled store was the last of the false front buildings. The false front commercial building was very common in early BC towns, usually associated with the first stage of civic development. The effect attempted to simulate the solidity and maturity of larger centres.

The building is identified on the 1899 fire map as a furniture store and may be the oldest commercial building in Grand Forks.



337 Market Ave. Grand Forks ~ 250-442-1214



Sterling silver charms from \$29

THISTLE POT GIFTS
337 Market Ave.
Grand Forks, BC • V0H 1H0
250.442.1214 Like us on Facebook

PANDORA[®]
UNFORGETTABLE MOMENTS

Some jewelry displayed patented (US Pat. No. 7,007,307) • © Pandora • PANDORA.NET



watersheds in the Interior of BC, so please be aware that access is limited and once there, you will be in the presence of bobcats, cougar, lynx and mountain goats as well as predators such as bears, wolverine and martin. In the lower part of the forest, there is great fishing and hiking for experienced outdoorsmen. Opened to the public in 1995 there are no amenities and overnight visitors must be self contained and are expected to use "no trace" camping practices. The Granby Wilderness Society closely monitors the Kettle Granby Grizzly Bears and was instrumental in the establishment of Granby Provincial Park. If you see a grizzly, please take note of your exact location and report your sightings to Jenny at info@granby-wilderness.ca so ongoing research can continue to be gathered regarding the habitat of these magnificent animals. Reporting also aids land use planners and decision makers to meet the needs of the bears. To find out more go to granbywilderness.ca.

Canada Trail that will take you past the historic ghost town of Eholt. Now a popular place for hikers and bikers, the journey from Eholt to Grand Forks is approximately 22.4km long. The trail is divided into sections: Goat Mountain, 9km long, Fisherman Station Trail, 7.9km and Hodges Station Trail, 5.5km. At the northern end of Fisherman Station Trail, there are two railroad tunnels that are about 150m in length. Cycling or hiking from Eholt to Grand Forks will bring you back into Grand Forks along North Fork Rd which follows the Granby River.

There are many beautiful places one could choose to reside here. At the gateway to the Granby located on the western extension of Riverside Drive, you will find a progressive new subdivision in the form of Riverside Meadows. Developed by Sunxt (sun i xt), which means "Valley of the Sun", it is located across the river from the former Granby Smelter. Find yourself immersed in the quiet beauty of a natural setting steeped in local history.

The Victorian Motel & RV Park

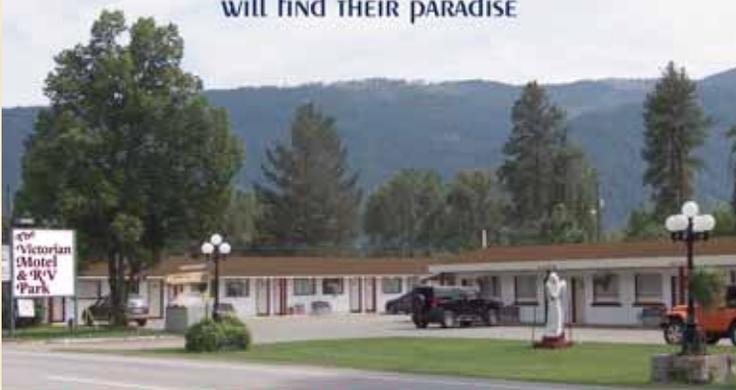
Cyclists
\$5.00 OFF Room

Kingfisher Fly Tackle Shop



A MODERN ACCOMODATION WITH A FRIENDLY, LOCAL ATMOSPHERE, LOCATED ON THE BANKS OF THE KETTLE RIVER, JUST STEPS FROM THE TRANS CANADA TRAIL (COLUMBIA & WESTERN RAIL TRAIL)

Fishing, hiking, cycling AND OUT DOOR ENTHUSIASTS will find their paradise



250-442-3011 - 1-888-338-0688

Karen and Lawrence Radford

6451 Highway #3 East, Grand Forks BC V0H 1H9
stay@thevictorianmotelandrmpark.com

EXECUTIVE STYLE LIVING WITH NATURE IN MIND



At the Gateway to the Granby, surrounded by beauty and nestled beside the Granby River in Grand Forks sits Riverside Meadows, a 19 lot Executive Residential Development with Nature in Mind. Lots starting at \$79,900

Riverside MEADOWS
A Sunxt Development

Ph: 1-866-94-SUNXT
www.riversidemeadows.ca



Grand Forks Community TRAILS Pave the Trail Project

CANADA / UNITED STATES INTER

The Grand Forks Community Trails Society is a registered, non-profit charitable society dedicated to creating trails that link the city of Grand Forks to its surrounding neighborhoods and fellow Boundary communities. The Society and its partners have been very successful over the past 12 years: decking four trestles, improving and maintaining the Trans Canada Trail, and paving 3 trails within the city. This infrastructure has created pedestrian corridors that are inclusive for people of all ages while beautifying the city. Grand Forks has become a community of wonderful trails for everyone from mountain bikers to people with disabilities.

2013 started as a busy year for the Society. Using a grant from the Trans Canada Trail Foundation, the Society hired Urban Systems to complete the engineering and design for the Kettle River Heritage Trail. This project means paving 17km of the Trans Canada Trail from the 68th Avenue Bridge at Roxul to the Cascade Gorge Trestle while creating a new parallel 'braided' bridle trail within the 100 foot right-of-way. A large project involving numerous partners, the Society envisions it taking place in three phases: from the new Roxul parking lot and kiosk to the Nursery Trestle, then from there to the Gilpin Grasslands Park and finally from the park to the

KOOTENAY CAR CARE INC

YOU'RE NOT STRANDED!

We Can Fix your Troubles and let you Enjoy your Vacation

Custom Body & Paint • Windshield Replacement • ICBC & Private Claims

Mechanical: 250-442-3828
Auto Body: 250-442-0507

6391 Hwy #3 Grand Forks

Chain Reaction RIDE & SLIDE

We Keep Your Ride Alive!
 BMX, Road, Comfort, Mountain & Fat Bikes, XC Skis, Snowshoes, Repairs, Parts, Accessories, Rentals, Shuttles

WE RIDE THE BIKES WE SELL. WE SLIDE ON THE SKIS WE SELL.

On Hwy 3 in Grand Forks, one block from the Trans Canada Trail, Shuttle to the Trans Canada Trail at Eholt.
 When it comes to Adventure under your feet Chain Reaction Ride and Slide is THE OBVIOUS CHOICE

Pedicab Services Available

Bicycle, Snowshoe & Nordic ski sales and service
 Now Selling Havoc Pro Scooters

NORCO BICYCLES **TRAILS** **KETTLE RIVER MOUNTAIN BIKERS ASSOCIATION** **GARNEAU HAVOC PRO SCOOTERS**

www.chainreactionrideandslide.com
 250-442-0118 ~ 1815-A Central Ave. Grand Forks, BC, V0H 1H2



Cascade Trestle. Before the end of January, the Society sought and received the support of the City of Grand Forks and the Ministry of Forests, Lands and Natural Resource Operations to complete Phase 1. Together with Roxul's significant donations it was hoped that Phase 1 could be completed for \$130,000 before the beginning of summer. Unfortunately, Urban Systems recalculated the costs to be more like \$230,000 as Phase 1 is not on a rail bed. Courageously, both the City and the Ministry doubled their initial contributions in the early summer. The City put the work out to tender in September and awarded the work to Argosy Construction, the local contractor who had completed the new Black Train Bridge trails in 2011. The paving of Phase 1 was completed in October while signs and gates will be installed in early 2014. The Society has heard nothing but praise from the community especially from the residents in Area D near the trestle. Suddenly they have a whole new way to get into

Grand Forks and much improved access to beaches along the river.

In 2014, the Society will continue to attract partners to invest in infrastructure that allows pedestrians to access and to enjoy the beautiful Boundary countryside. Major grant requests have been put forward to the Regional District, Fortis, TCTF, the province and others. Discussions with Fortis, Parks, and Highways are underway. InterFor has undertaken to have 300m of old unused rail just, west of Darcy Road lifted at their expense. This donation will create a corridor from Kenmore Road to the new pavement of Phase 1 that will create new pedestrian and equestrian access for the residents of Vienna Woods and Carson Road. With patience, contributions and a little luck a 9.8km paved trail from the Nursery to the Gilpin Grasslands Provincial Park will be completed in the fall of 2014.

For more info visit the society's web site ~ gfrails.ca

You Won't Believe Your Eyes!
 EYE GLASSES ~ CONTACT LENSES
 Repairs
250-442-3025
 GRAND FORKS OPTICAL 334 MARKET AVE. GRAND FORKS

Kettle Valley Waste Ltd.
 Residential Weekly Tag-a-Bag Garbage & Bi-weekly (No Tag Needed)
 Recycling Service ~ 3 Stream Commercial Waste Collection:
 Garbage, Recycling & Compost
12 Cubic Yard Bin Truck Ideal for:
 Construction, Estate Clean-outs, Yard & Garden Clean up
Serving Carmi to Christina Lake
250.447.9265 ~ 1.877.447.9265
 info@kettlevalleywaste.com ~ kettlevalleywaste.com



I want my retirement my way.

Life insurance • RRSPs • Guaranteed investments



I can help with your goals.
 Let's talk about Money for Life.™
Robert J. Ogloff* CFP®
 Ogloff Financial Services Inc.
 250-442-3164
 245 - 72 Avenue, Box 2049
 Grand Forks, BC V0H1H0

Life's brighter under the sun
*Mutual funds offered by Sun Life Financial Investment Services (Canada) Inc. © Sun Life Assurance Company of Canada, 2012.



Over 70 mounts in our **WILDLIFE MUSEUM**

ALPINE TAXIDERMY

30 yrs experience Specializing in Big Game, Life-Size & Shoulder Mounts Professional Tannery Service



Mars Magic Touch Day Spa
 COMPLETE SPA FACILITIES

Treat Yourself to the Rejuvenating Effects of Our Spa Treatments or Stroll thru the Flower Gardens and Cedar Maze!



Museum: 250-442-2993 ~ in "The Nursery" 460 Starchuk Rd. Grand Forks, BC, V0H 1H9 ~ Spa: 250-442-2930 email: thomas58@telus.net



CHRISTINA LAKE

Join Our Story

Bike Trips

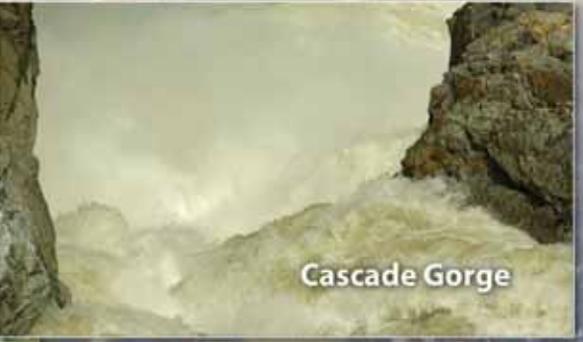
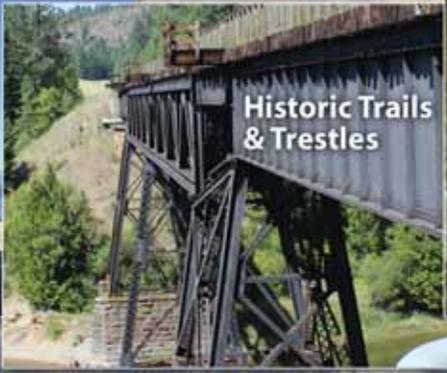
Christina Lake offers excellent cycling experiences for all difficulty levels. The town's amenities are within a short ride of the accommodations and the trail system has something for everyone. Park your bike in the Christina Lake Welcome Centre bike corral and grab a bite to eat, learn about the lake, have a shower or peruse local artwork. Get answers to your questions at the Visitor Information Centre inside and pickup all the trail and community information. Explore the lake, a short five minute walk away via the community park. Ride all morning and then relax in BC's warmest tree lined lake!

Ride the rail grade or amp up your excitement on our single track trails. The Trans Canada Trail runs through the community and connects Christina Lake to Grand Forks and Castlegar. Riders can explore the trails from many different access points including those outlined in this article. Check with WildWays Bike shop for shuttles to the following trailheads, pickup in Castlegar, etc.

Day trip:

Paulson to Castlegar ~ The Paulson siding is the best access point for the trail between Christina Lake and Castlegar. Two trips originate here: back to Christina Lake or onwards to Castlegar. Both trips are mainly downhill, and filled with historical points of interest and viewpoints. To access the Paulson siding, head East on Hwy 3 and take a left hand turn onto Paulson Detour Road just before the Paulson Bridge. Follow Paulson Detour Road until you reach the intersection with the Trans Canada Trail (about 4 km).

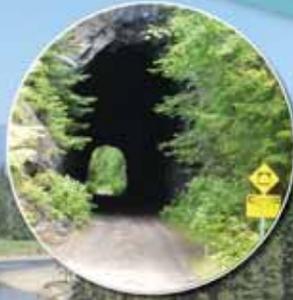
Travel through rail tunnels and over trestles with spectacular views. Keep an eye out for the Farron Explosion memorial marking the death place of Peter "Lordly" Verigin. Look for the foundation of Tunnel Station and an apple tree overlooking Dog Creek Valley. Tunnel Station was named for its position at the west end of the Bull Dog Tunnel and had a station building, water tank and 13 car storage track. Make sure to bring a flashlight as you adventure through 900m of darkness in the Bull Dog Tunnel. Flash across Farr Creek on the towering Farr Creek Bridge which is fully decked with safety railings. The trail ends at the Hugh Keenleyside Dam, about a 5 hour ride which is mainly downhill and very scenic.



BUSINESS DIRECTORY



Promoting and Improving the Economic,



Half-day trips:

Paulson to Santa Rosa ~ Follow the directions to the Paulson Siding, then turn right when you hit the railgrade.

Ride over a trestle and through a tunnel. Ponder the remains of old time industry at the limestone loading tower, one of the remnants from the smelter days of the Columbia and Western Railway. Catch tantalizing glimpses of Christina Lake and valley before the views open up. Finish up in town and grab a treat or go for a swim. About 3 hrs, downhill all the way!

Eholt summit to Grand Forks ~ Eholt is a ghost town west of Grand Forks. To access the trailhead, drive West from Christina Lake on Hwy 3 about 30km past Grand Forks and look for the highway pullout at Eholt Rd. Trail access is just down the road. Begin in the ghost town of Eholt and ride through old rail tunnels starting 6km south of the trailhead. Keep your eyes peeled for the old water tower foundation that marks the Hodges Station site. Continue on to see panoramic views of the Grandby River Valley and finish at the old CPR station building, now a pub. Good food and lots of historical photos and memorabilia make this a favourite stop for lunch. Continue on the Railgrade to Christina Lake, another 2 hr segment that follows the river through the valley.

Short trails for the whole family:

Santa Rosa to Fife ~ Start at the Welcome Centre and pedal 1km up Santa Rosa Road and head north along the rail grade. Take in the views of Christina Lake and enjoy the security of safety rails as you travel along the trails above the highway. Take a left on Fife Rd. when you cross the pavement and then follow along the highway frontage roads until returning to the starting point. End your trip at the Christina Lake Welcome Centre and go for a swim at the community park beach, play on the playground, or grab a snack at the bistro.

Santa Rosa to Cascade Canyon ~ Start at the Trans Canada Trail parking lot up Santa Rosa Road and continue on the rail grade to Cascade Canyon. Pass over a trestle towering over the Kettle River and explore the old dam works in Cascade Canyon. Pass over the 2nd trestle and watch the raging rapids through the Cascade Canyon, then take a right on the next dirt road to return to Hwy 3. Turn right along the hwy for a short section, then left at the top of the hill on Thompson Rd. This will get you off the busy highway and onto the backroads of Christina Lake. Head back down to the beach at the provincial park for a picnic and a swim.

More trails information can be found at: www.columbiaandwestern.ca/ ~ trailsbc.ca/ ~ www.christinalake.ca/

Hold Seminars in
this "Green"
Gathering Place



Showcase for
Local Artisans



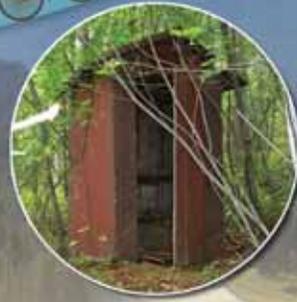
Christina Living Arts Centre

KOOTENAY BOUNDARY
AREA C



Civic and Social Welfare of the Community of Christina Lake ~ christinalake.ca

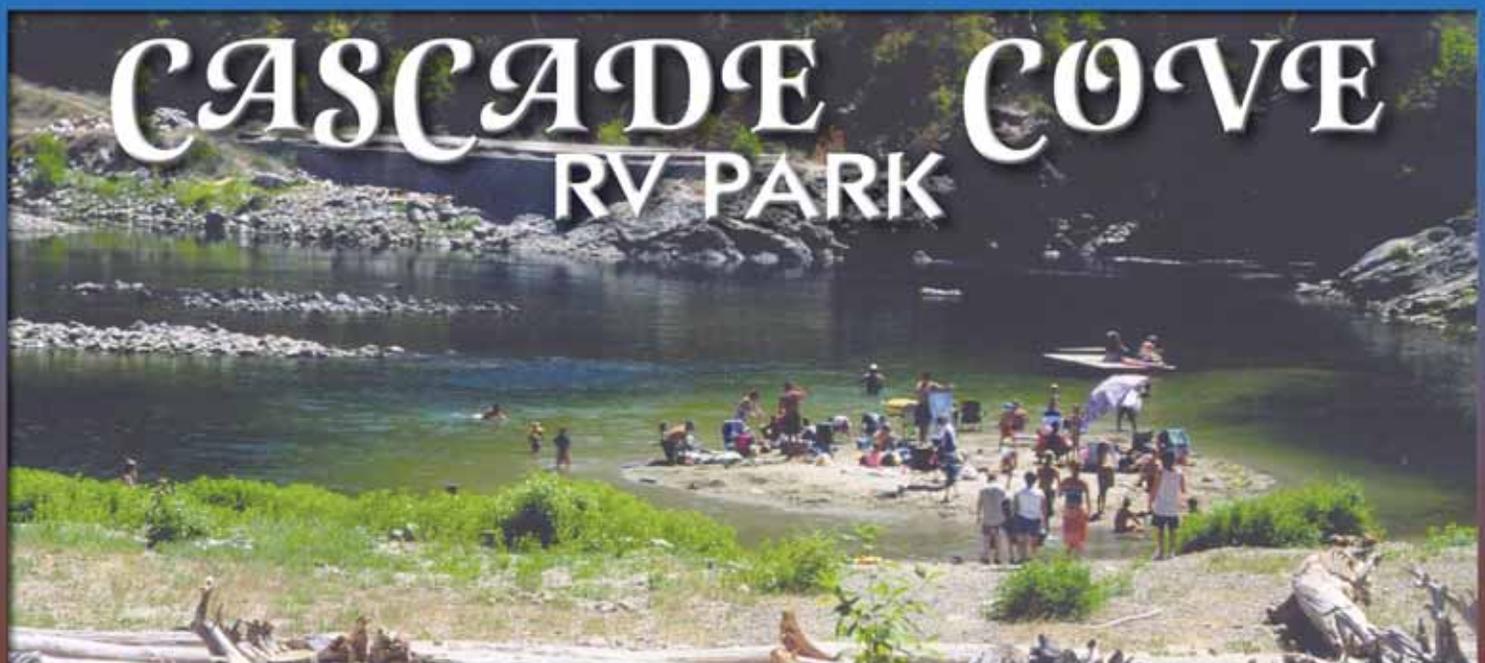
The Kettle Valley Express Adventure Travel Guide 2014~ kettlevalleyexpress.com



Treasures Along the Trail

The section of the Columbia & Western Railgrade around Christina Lake is home to some of the more spectacular features found anywhere on the whole Kettle Valley Railgrade, if you know where to look! In a short distance, you can find an original pump house used for filling the steam locomotives, complete with all the original machinery; a hidden cache, most likely used for dynamite; and a massive rock tunnel, used to convey water to one of Nicola Tesla's first AC power plants. And of course, you can't miss the

longest trestle over the Kettle River and the thundering Cascade Falls, with Rainbow Rock, where you can see the whole bowl filled with rainbows at the right time of day. Stand over the mouth of the Cascade Gorge on another trestle and watch the Kettle River turn from a lazy meandering waterway into a roaring Class 5 whitewater torrent as it rushes towards Cascade Falls a kilometre down river. There is much more here within a few minutes ride from Christina Lake.



CASCADE COVE RV PARK



At the foot of Cascade Falls • Fire Pits • 1 mile to Golf Course
Swimming • Fishing • Hiking • Childrens Playground • Tenting Sites
20 x 30 Covered Pavilion • 50 Fully Serviced Grassy Sites • Natural Setting
Laundromat • Showers & Bathrooms • Pull-Thru's • Sandy Beach on Kettle River



For Reservations 447-6662 Nite: 447-9510 / fax: 447-6163

1209 River Road (1 Mile West of) Christina Lake www.christinalake.com



The first highlight of this guided tour is standing in the spot where the 3 main historical routes of transportation intersect. The Dewdney Trail, first surveyed in 1864, became the first all Canadian route through southern BC for miners, explorers and their pack animals. This part of it is well preserved and makes for an excellent ride downhill on a bike or a nice walk up and down, stopping at some of the benches which overlook the valleys below. The next form of transport came with the extension of the KVR to include the Columbia and Western Sub-section, which now runs from Midway to Castlegar. This section was built in the 1890's over the course of one year, and during one of the harshest winters on record. However, it did make the important Canadian connection to the smelters in the east, with the rich deposits of ore found at the Phoenix Mine above Greenwood and Grand Forks. The third route which intersects this spot is the Old Cascade Hwy (also called the Queen's Hwy and Santa Rosa Summit). It was built during the

beginning of the 20th century as the first east-west connection through the southern part of BC which could be driven by motorcars. Many would refuse to drive it, given it has two high passes and is a narrow gravel road with steep drop-offs.

Another hidden gem on this route is the partially restored Cascade Cemetery, which the original settlers in the boomtown created to honor their deceased. It has numerous grave markers that date back to the turn of the century, and some of the original white picket fences have been placed around family gravesites. It has been lovingly rebuilt by a group of locals, some whom have ancestors buried there.

These, and many more treasures can be discovered on a guided tour with WildWays. Check out our website for some pictures or phone to book a tour.



AWARD WINNING

FAMILY FRIENDLY

GREEN BUSINESS

BIKES * S.U.P.S * KAYAKS

Sales ~ Rentals ~ Tours ~ Shuttles

Group & Self Guided Tours & Shuttles
KVR/Trans Canada Trail Access
Local Single Track Trails
Full Service Bike Repair & Rentals
Retail Shop ~ Clothing ~ Gear ~ Lessons

WildWays
Adventure Sports & Tours

Also see
ad on map

Hwy 3 Christina Lake ~ wildways.com ~ 250-447-6561 ~ 1-888-WILDWAY



CHRISTINA LAKE

CHRISTINA LAKE



In 1865 the Dewdney Trail was under construction bringing weary travellers and foot sore horses to the well known rest stop of Christina Lake. For those who were travelling westward, the magnificent splendor of Castle Mountain framed the pristine waters of Canada's warmest tree lined lake. With summer lake temperatures averaging 72F, the result of continual geothermal heat being released from a substantial fault measuring 180m deep in some sections running through the middle of the 19km lake, it's no wonder travellers would hurry to the shores for a refreshing plunge. After long treks from the gold fields of the East Kootenay region and perhaps on their way to the mines at Boundary and Rock Creek, Tulameen or the Fraser River, the lake was a place to

freshen up, rest a bit and gather strength. For east bound travellers who were preparing for the long slow ascent on the same steep pioneer trail their west bound brothers had just navigated, the view of the lake left behind must have made many a head turn back, longing for just one more dip. As they climbed higher, the view would become even more stirring making them long even more for the calm cooling water in the valley below.

The Trail was the means of supplies for all of the human necessities that were available during the early pioneer days and the route for those seeking the wealth in the uncharted land. The evidence of this early trail still lingers in places and some names remain, like Texas Point, named after a group of Texas long horn cattle that

REAL COFFEE REAL PEOPLE

Connecting Coffee Lovers!



Organic Coffee

Fruit Smoothies
Great Food
Cool Gifts
Free Wi-Fi



250-447-6555

1720 Sandner Frontage Rd. Christina Lake



Hours:
Sept. to June
3pm - 9pm
Wed. to Sun.



July & August 3pm - 10pm 7 Days a Week

250-447-9090

1670 Santa Rosa Rd., Christina Lake

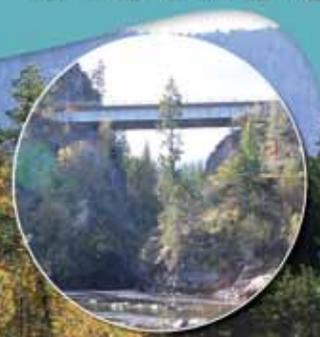


SUNFLOWER INN B&B



250-447-6201 / 1-877-378-0526

159 Alpine Rd. Christina Lake / www.sunflowerinnbb.com



strayed from a herd being driven over this route to provide meat for the hungry gold seekers at Fort Steele. The area boasted many fine hotels such as the Travelers' Rest or where Christina Lake Motor Inn and RV Park is now located. The Cove Hotel, formerly owned by T.J. Gorman at English Cove is now known as McRae Landing. English Cove was named after the first settlers, a group of young Englishmen, and it became the main business centre with a post office, general store and saloon. The developments were initiated by Scotsman Mr. Angus Stewart, a well known newspaper journalist, teacher, scholar and prospector with today's Stewart Creek at Chase's Point named in his honour. A gentleman by the name of Scott McRae was credited for discovering the railway pass the CPR

used for its route from Castlegar to Christina Lake where McRae Creek runs into the lake at English Point. The creek was named after this incredible man who was still trapping and prospecting until the early 90s. Charles Sandner came west to find gold, specifically a gold mine, but instead he built a homestead on the north end of the lake in the summer of 1896 where Sandner Creek is named in his honor.

On the most southern end of the lake is Sutherland Creek, named after George Sutherland, another pioneer prospector. By 1900 most of the usable land around the lake was claimed, especially the lakeshore, but at that time only a dozen households were located north of English Cove. Cascade, south of Christina Lake at

your summer fun store in Christina Lake

DOLLAR STORE 250-447-6663
18 West Lake Dr. Christina Lake. B.C. V0H 1E0

Blue Mountain Lodge

81 Kingsley Rd 250-448-6238 **Lodge * RV Sites * Camping**
bluemountainlodge@hotmail.com
www.christinalakebluemountainlodge.wordpress.com

Alpine's Holistic Healing

Kathleen Smythe B.Sc. CHTP/I
Craniosacral Therapy (adult, child, infant)
Lymph Drainage • Certified Healing Touch Practitioner/Instructor
Hot & Cold Stone Therapy Massage • Heart Centred Therapy
Call for appointment
250-447-6201 ~ 159 Alpine Rd Christina Lake

Come Home to
christina lake
the Warmest Tree Lined Lake in Canada!

Nestled in the Kootenay Mountains it's a place to enjoy yourself!

Bike or hike the many Trails, including the easy Trans Canada Trail.

Swim, Kayak, Stand Up Paddleboard or go Boating in this clear lake.

Find unique pieces from local artisans at the Christina Living Arts Centre and see amazing waterfalls, an old growth cedar forest and native Pictographs.

Two golf courses and horseback riding give lots more options for everyone.

Discover Campgrounds, Cottages, B&Bs and Motels for your stay and enjoy some great cuisine at our ice cream & coffee shops, restaurants and pub. Or find fresh produce at the farmers market or grocery stores.

Come Home to the Lake... after all, its what we did!



250-447-6161 ~ visit www.christinalake.com for a list of businesses & community events - Come Home to the Lake, we're waiting for you!



the junction of Hwy 395 and Hwy 3 was one of the busiest centres in Southern BC. Mr. Stocker migrated from Littleton, New Hampshire to Spokane where he became wealthy from banking and real estate. Together with two friends, they bought the Cascade town site. In 1893 he lost everything except for the Cascade town site, which was scheduled to host the CPR, changing the face of Cascade forever. Mr. Stocker purchased a sawmill and supplied the lumber used to build the first bridge over the canyon. Later the town site was built after the land was surveyed and lots sold. The Stocker's built a substantial home named "Laurel Ridge" which was furnished from Spokane's finest.

The CPR planned to build a smelter at Cascade so Mr. Stocker gave them every third lot in the town site and five hundred acres of land near the Kettle River for the smelter site. This created a boom

in property with lot sales going for \$800 each. With a population of 1,500 there were plenty of amenities, including 14 hotels and bars, a newspaper, school, hospital, red light district and a jail. Prospects were booming and the town was a bustling beehive of activity until a fire blazed through on September 30th, 1899 laying low most of the business sector of the town. What remained suffered yet another fire in 1901 and a succession of minor fires destroyed everything else but the memories. To add insult to injury, as Cascade went up in smoke, the smelter was being built at Trail instead.

At the turn of the century, a British syndicate invested approximately \$500,000 into a hydro electric project at the Cascade Gorge, the site that would provide power to operate the smelter's mine hoists, move the ore cars and bring electricity to businesses and homes.

PARK LANE RESORT & MOTEL
CHRISTINA LAKE, BRITISH COLUMBIA

❖ Motel ❖ RV Park ❖ Campground
❖ Cottage ❖ Camping Cabins

31 Kingsley Road, Christina Lake
1-888-834-8886
www.parklane-resort.com

Lisa's Lakeside Bistro
at the Christina Lake Welcome Centre
"Gourmet on the Go"

Special Diets Welcomed ~ Espresso ~ Wi-Fi
250-447-2554 ~ 7 Days a Week
www.lisasbistro.ca ~ www.christinalake.com

Voted #1 on

Christina Pines Campground
The Best of Family Camping

Laundry Mat ~ WiFi
Mini Golf ~ Snack Bar in Office
Swimming Pool ~ Covered Group Area
Full Service Starting at \$30.00 - \$45.00
Tent sites Starting at \$20.00 - \$35.00
250-447-9587 ~ 1528 Neimi Rd, Christina Lake, BC
www.christinapinescampground.org

D&D Service Centre & Storage Inc.

Serving the Boundary for over 30 years!

- All your RV & Automotive Service Needs
- Licensed Auto & RV Techs
- Instock RV Parts & Accessories
- Vehicle Inspection Facility

Toll free: 1-855-295-3378 www.ddservicecentre.com
info@ddservicecentre.com • Phone: 250-447-9337 • Fax 250-447-6475

Christina Lake & South Fork
VACATION RENTALS

...imagine the Escape....

Beautiful Vacation Homes & Cozy Cottages
located at Christina Lake and on the shores of Jewel Lake and the Kettle River

www.ChristinaLakeVacation.com ~ 1-866-447-9334



In partnership with The Christina Lake Recreation Commission and Laura and Graeme Carlson, owners of the Grand Forks and Christina Lake Pharmasave stores, the 10th annual Christina Lake Triathlon is happening June 22nd, 2014 starting at the Christina Lake Provincial Park Beach parking lot. With athletes coming from all over BC and Alberta, this popular and much anticipated event wouldn't be successful if not for the sponsorship of Pharmasave and tireless work of the many volunteers who offer assistance wherever needed.

The Triathlon consists of a 750meter swim, a 20km bike ride, finishing with a 5km run. Although the event attracts many first time triathletes, seasoned triathletes also find the event challenging. The "KidSprint" will take place before the Sprint event, which involves a 100meter swim, 6km bike ride and 2km swim. With the help of the Grand Forks Cycling Club riding along beside them, the

children are safely guided along the street during the running portion of the event and BC Ambulance Service will be present for any emergencies ensuring a safe and fun time for all. To help celebrate the 10th Anniversary of the Triathlon, the staff have been working on a fabulous and unique souvenir item for all participating athletes. True to small town hospitality, after the event, the Grand Forks Rotary Club will serve up a delicious post race meal for athletes and volunteers just prior to the awards presentation. Mountain FM will be broadcasting on site as well to keep everyone up to speed on the race and add to the excitement of the day.

Registration starts January 1st so don't wait to sign up. With only 125 spots in the adult event and 50 spots for the kids event you don't want to be left on the sideline! To register for the triathlon or volunteer contact Grand Forks Recreation Centre at 250-442-2202.

Two Locations to Serve You!

Live well with

PHARMASAVE

**PROUD SPONSORS OF
THE CHRISTINA LAKE TRIATHLON**

GRAND FORKS

250-442-3515 / 330 Central Ave.

CHRISTINA LAKE

250-447-2658 / 1746 Sandner Frontage Rd.



Christina Lake Golf Club Championship 18 Holes



Established in 1962 as a 9 hole course, the Christina Lake Golf Course was expanded to an 18 hole 6685 yard course in 1986. This is the first course in Canada to offer the unique feature of black sand traps. The course is regarded as one of the top 25 in British Columbia.

Located on the scenic Kettle River, the course is surrounded by ponderosa pine and fir trees, with the Monashee and Selkirk Mountains providing a beautiful backdrop.

Our newly developed river front RV Park is just steps away from the Trans Canada Trail. There are 27 sites. 25 sites with 30 amp and 2 sites with 50 amp power hook ups.

Finish your day with a sumptuous meal in our licensed dining room.

*Candlelight and the course at dusk
are the most beautiful times!*



250-447-9313

www.christinalakegolfclub.com

HUCKLEBERRY MOUNTAIN MARKET



**Liquor Agent
Fresh Meats**

Deli

**Fresh
Bakery &
Produce**

**Full Line of
Groceries**

**Open 7 Days a week
9 AM - 7 PM**

Summer Hours: 9AM - 9PM

SANDNER FRTG. RD. CHRISTINA LAKE BC



Do it outdoors in Castlegar

Located at the confluence of the Kootenay and Columbia rivers within the Selkirk Mountain Range is the engaging City of Castlegar. The term "Do it Outdoors" is an apt slogan for the active and hardy residents who live and play here, and you are invited to discover all they have to offer both past and present.

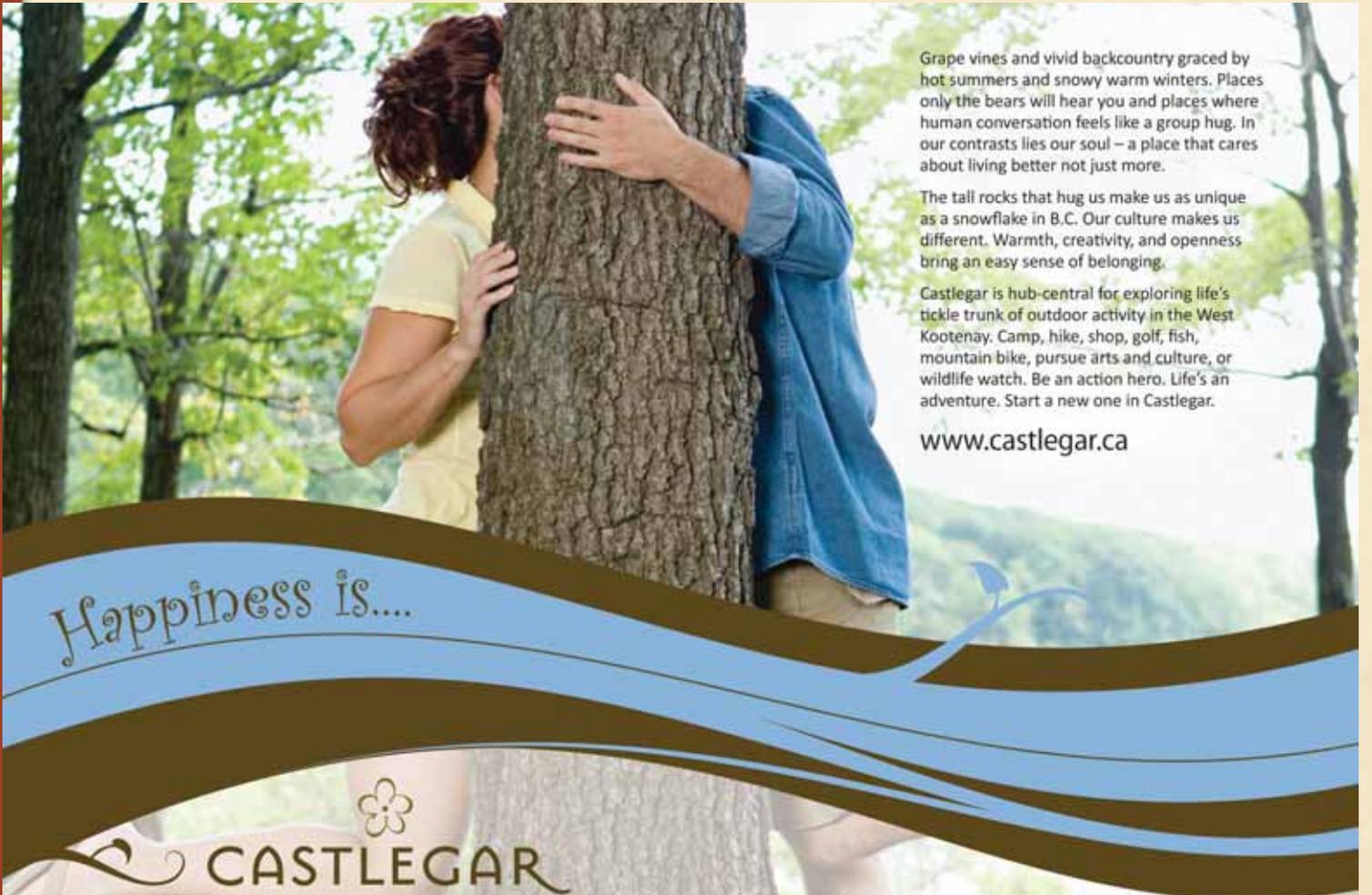
Named after the beloved ancestral home of the city's founder Edward Mahon, Castlegar was planned out in 1897. Located in close proximity, the boxcar station at the old Waterloo trail crossing was called Kinnaird Station in honour of Lord Kinnaird who was a shareholder in the CPR.

October 1946 saw the city incorporate into a village, then into a town in 1966. Castlegar effectively doubled its population January 1, 1974 when it amalgamated with the town of Kinnaird

and in May of 2004 the City's boundary extended to include Blueberry Creek Irrigation District.

Today, the city of Castlegar is a bustling hub of activity with many sights and adventures to be enjoyed. A great source of pride for the city is the many unique art sculptures within the community depicting a variety of images. The sculptures are taken down each April and new sculptures are put in place for the ensuing year ensuring a visual delight for locals and visitors. A map to each sculpture location can be downloaded from sculpturewalkcastlegar.com.

The CPR Station Museum is considered the Birthplace of Castlegar and is housed in a 100 year old station house. It is one of the best preserved in the province and has an abundance of interesting things to see. Take a tour of the restored original caboose and



Grape vines and vivid backcountry graced by hot summers and snowy warm winters. Places only the bears will hear you and places where human conversation feels like a group hug. In our contrasts lies our soul – a place that cares about living better not just more.

The tall rocks that hug us make us as unique as a snowflake in B.C. Our culture makes us different. Warmth, creativity, and openness bring an easy sense of belonging.

Castlegar is hub-central for exploring life's tickle trunk of outdoor activity in the West Kootenay. Camp, hike, shop, golf, fish, mountain bike, pursue arts and culture, or wildlife watch. Be an action hero. Life's an adventure. Start a new one in Castlegar.

www.castlegar.ca

Happiness is....

CASTLEGAR



imagine yourself at the turn of the century disembarking the train to start a new life. The station agent's residence on the top floor will give you a good feel for how life was in the early 1900's and while you're there, have a peek at the newspaper archives. The Station is in a park like setting with easy parking and walking to down town. Visit stationmuseum.ca to learn more.

After your visit to The Station Museum, drive towards downtown on Columbia Avenue (Hwy 22) and turn right at the forestry station on 8th St. Proceed to the 4 way stop on 7th and follow the signs to Zuckerberg Island. You will walk across a suspension bridge that is open all year except for the winter months and once on the Island, there are over 8 hectares of woods and many walking paths to explore. You will discover a heritage of human and natural history that is unique within the Columbia River Valley starting thousands of years ago when the Lakes Salish Indian people first fished and built winter pit houses. In 1811, David Thompson canoed down the

river past this island, and more recent history when Alexander Zuckerberg built his unique Russian Orthodox Chapel House about 60 years ago. Picnic tables and benches welcome you to sit and enjoy the surroundings.

The next stop on your to see list could be a visit to the Doukhobor Discovery Centre and the Kootenay Gallery of Art, History and Science. Both are located across from West Kootenay Regional Airport on Heritage Way. Built in the 1970's the Gallery is one of 28 original exhibition centres opened to give rural residents the enjoyment of art sourced regionally, nationally and internationally. It also provides a professional venue for our regional artists to sell and display their own works in the on site gift shop. Check kootenaygallery.com for a schedule of current and upcoming exhibitions. The Doukhobor Discovery Center is your next stop where you will see, feel and experience the early days of the Doukhobor culture and their distinctive lifestyle as it evolved from

kootenay gallery
of art, history & science

KOOTENAY GALLERY OF ART & GIFT SHOP

Fine Art. Unique Gifts. Beautiful Things.

Open March - Nov.
Tues. - Sat. 10am-5pm
December 1st - 24th
7days/week 10am-5pm

120 Heritage Way, Castlegar, BC
250.365.3337 | www.kootenaygallery.com

Doukhobor Discovery Centre

The Doukhobor Discovery Centre is a reconstruction of a typical Doukhobor Village, showing all the major buildings, tools, handicrafts and implements used in day to day life and introducing you to Doukhobor culture and their unique lifestyle as it evolved in the Kootenay region of British Columbia circa 1908 - 1939.

View over 1,000 artifacts representing their pioneering, customs and arts & crafts

Open May 1st to September 30th Annually
10am to 5pm, Daily

250-365-5327

112 Heritage Way (across from West Kootenay Regional Airport) Castlegar BC
email: doukhobor.museum@gmail.com - <http://doukhobor-museum.org>

Your Place for Fitness

Fitness Solutions? We've got the place!

Castlegar & District Community Complex
phone: 250.365.3386
www.rdck.bc.ca

CDD
CASTLEGAR AND DISTRICT RECREATION DEPARTMENT

CPR Station Museum & Zuckerberg Island Heritage Museum

VISIT
The Birthplace of Castlegar

EXPLORE
the Original Caboose & Station House & the Gift Shop
Zuckerberg Island Heritage Park and Suspension Bridge
(see story above for directions)

The Suspension Bridge Built as a field exercise project in 1984 by the 44th Field Engineer Squadron, the bridge was allowed to remain in place as a connection to the island. The 473 foot bridge won the coveted Canadian Militia Hertzberg Award. All materials for the bridge were donated.

400 13th Ave, Castlegar - 250-365-6440 - www.stationmuseum.ca



1908 to 1938. There are over 1,000 artifacts, which represent pioneering, captivating arts and crafts and religion of these peaceful people. Visit doughobor-museum.org. Finish off your day trip with a visit to the Castlegar and District Community Complex for a swim, steam bath, whirlpool or workout in the weight room. The Centre is also home to the Castlegar & District Seniors Association. There is much more here than meets the eye, so visit rdck.bc.ca for more information.

There are many access points to the Columbia & Western Rail

Trail in and around Castlegar for both hikers and bikers and some connect with the Trans Canada Trail. The Bulldog Tunnels are a favorite riding destination and the trail can be accessed at Castlegar. For details regarding access and egress points visit trailsintime.org or columbia&western.ca and don't forget to pick up a map for the community walking trails at City Hall or visit castlegar.ca/parks. The Millennium walking trail for one, is easy to walk and is a great example of community spirit. It can be accessed at either 1st or 2nd Avenue and will take you along the river. The trail will loop you back onto 2nd at a different spot, or for a longer walk carry on and follow the path over 5th Avenue to 7th Avenue. The city has planned well so there are many trails and paths to choose from; the hardest part will be selecting which one to go on first! The road leads to Castlegar but you can also fly into West Kootenay Regional Airport, a place many pilots will request to land the last time before retiring, it's that spectacular. To learn more about all Castlegar has to offer, visit castlegar.ca

Cozy Pines MOTEL

Cyclists \$5.00 OFF Room

250-365-5613 / Fax: 250-365-5159

Free High Speed Internet - Air Conditioning - Cable TV - Phones - Kitchen Units
GPS co-ordinates - Latitude: 49.292778 and Longitude: 117.656667
2118 Crestview Crescent, Castlegar, BC V1N 3B3 / www.cozypines.com

WWW.MIKESRV.COM

FAMILY OWNED & OPERATED 44 YEARS

"WE SELL FUN"

NEW & USED RV SALES
PARTS
SERVICE
RENTALS

1-800-652-6633 / CASTLEGAR BC
WE DELIVER RENTAL RV'S TO VARIOUS LOCATIONS DL5012

COMMON GROUNDS

Desserts ~ Soups ~ Bagels
Specialty Coffees
Espresso ~ Cappuccino

250-365-3883

CASTLEAIRD PLAZA ~ 692 - 18th St., Castlegar

WEST KOOTENAY REGIONAL AIRPORT YCG

The West Kootenay Regional Airport is presently served by Air Canada Express, with daily flights to both Vancouver and Calgary on Dash-8 aircraft, also serving private aircraft.

Daily Airport Shuttle between Castlegar and Nelson.
Car Rentals, Public Transit Stop from Castlegar & Trail.
Aviation Training Centre.

Live web cam at: <http://www.wkairport.ca/webcam>

www.wkairport.ca

Sandman Hotel CASTLEGAR

Classic Pawn & Jewelry

WE BUY GOLD & SILVER!

Across from the museum Open ~ 9:30 to 5:00 Tuesday to Saturday
401B -13th Ave. Castlegar BC V1N 1G1 ~ Ph/FX: 250-365-1024
Business Opportunity Enquire: 250-365-1032 - Cell: 250-304-9840



the Silvery Slocan

The Slocan Valley is approximately 105km long and varies from 5 to 10 km wide. Located on Hwy 6 within the Selkirk Mountain Range, and part of the 400km long Kootenay Arc created 200 million years ago, it is home to the three incorporated villages of Slocan City, New Denver, Silvertown and approximately 10 unincorporated communities. The residents of these historic communities are proud of their towns and heritage and welcome you to explore all they have to offer. Just east of Slocan Lake are the ghost towns of Sandon, Cody and others, which were boomtowns during the era of the Silvery Slocan from the 1890's to the 1900's. During the mining boom there were 261 documented mine sites prompting massive rail way development needed to access huge deposits of gold, silver, copper and lead. Eventually, the railway became known as the "railroad from nowhere to nowhere" and by 1910, many of the small communities were deserted. Left in the wake of these railways is a legacy of rail trails full of historical significance for this region.

Close by, above the western shores of Slocan Lake is gorgeous Valhalla Provincial Park. Established in March 1983, the park encompasses over 49,000 hectares with 30kms of shoreline and is part of the Valhalla Range of the Selkirk Mountains.

At the top of Slocan Lake, just north of New Denver, is the tiny unincorporated lakeside community of Rosebery. Although there are few amenities here, it is the entrance to Rosebery Provincial Park. The park has 36 sites, pit toilets, picnic tables and firewood but be sure to check for fire restrictions before lighting your campfire. Offering stunning views of the Valhalla Range to the west, you will find this is a good mustering place to explore the backcountry of Valhalla and Kokanee Glacier Provincial Parks. There are numerous ghost towns from the mining era as well as developed and undeveloped hot springs in the area. For those more interested in back roads, there is a 24km-logging road that runs along Wilson Creek. The road is a bit dusty and bumpy, but will take you to more bush style camping spots such as Beaver, Little Beaver and Big Beaver Lakes. Hiking to Wilson Creek Falls for a misting of mountain water will cool you down and refresh you on the hottest of summer days.

Over the course of the last century, the Slocan Valley became home to those displaced or disaffected with government. In 1908 the Doukhobours arrived in the region to farm at Brilliant and began to spread into the Slocan area. During WWII many Japanese Canadians, including a young David Suzuki were relocated to internment camps, and the late 60's saw Vietnam War resisters take refuge in the valley. Still a peaceful place, the small communities have now become havens for those looking for a rural lifestyle, telecommuters and tourists.

One of the most beautiful river valley's in British Columbia, the Slocan River winds it's way from Slocan Lake in the north to the Kootenay River in the south. The Slocan Valley Rail Trail follows along the river and offers spectacular scenery and photo opportunities.

Stewarded by the Slocan Valley Rail Trail Society there are many outdoor adventures to be experienced. Biking, hiking, cross country skiing and snowshoeing are popular pastimes for locals and visitors alike. www.slocanvalleytrail.ca

White water rafting outfitters will have you screaming with delight as you traverse the rapids taking you on a journey past ancient forests and sandy beaches but if you would rather have a more scenic and relaxed trip check with your guide for less vigorous options as there are several offered.

Originally home to the Sinixt (Sun-i-ix) people for millennium, the name Slocan originated from the Sinixt people's word meaning "pierce, or strike on the head" in reference to salmon harpooning. Something of note worth looking for is one of the best preserved prehistoric villages on the interior plateau and is best accessed by taking the Slocan Valley Rail Trail from Lemon Creek Parking area off Kennedy Rd, 1.5 km north of the trailhead. If you are fortunate enough to discover any artifacts in the vicinity of this now sacred place, please leave them where you find them in honour of the Slocan's original peoples.

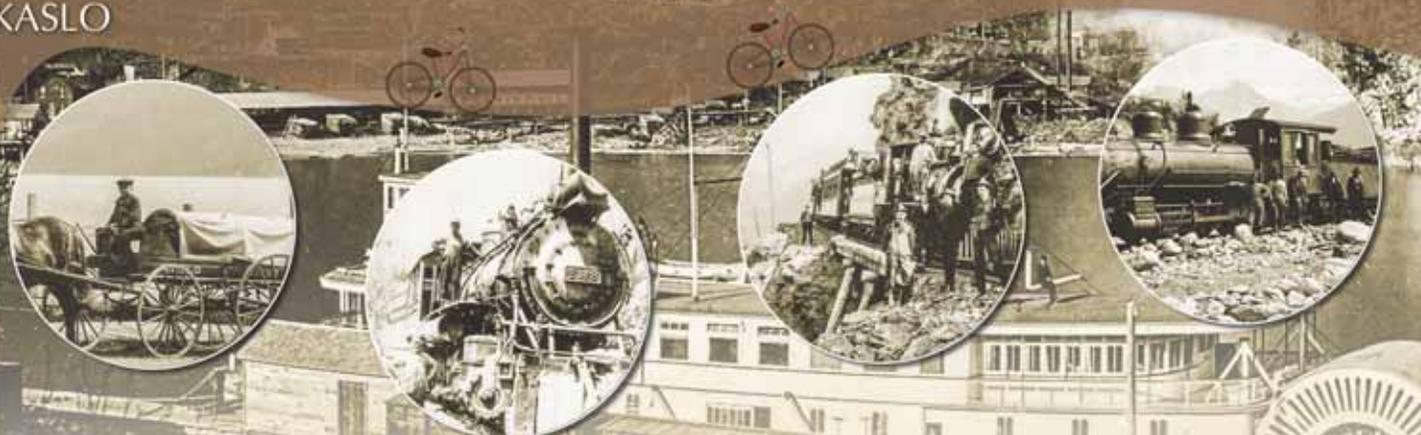
When leaving the Silvery Slocan Valley, turn right onto Hwy 31A at New Denver. The highway runs amongst the old routes of the Kaslo & Sandon railway, old CPR railway and Kaslo-New Denver Wagon Road. Follow the road into the extraordinary Village of Kaslo.

Slocan City Trading
Buy Sell Trade
Est. 2013
Guitars, Violins & Other Unique Treasures

250-355-2299 ~ 501 Harold St., Slocan, BC.

MOUNTAIN VALLEY STATION
PROPANE • GAS • DIESEL
CONVENIENCE STORE • ATM
FISHING LICENCES • BAIT • TACKLE
May to Oct: Biggest & Best
Ice Cream Cones West of Winnipeg

"YOUR LITTLE STORE WITH MORE ~ FOR LESS"
250-355-2245 ~ Fax: 250-355-2546 ~ Box 46 - 704 Arlington Ave., Slocan, BC



KASLO WAGON ROAD HISTORIC TRAILWAY

Photos courtesy: Kootenay Lake Historical Society Archives

This 29km route has been rehabilitated for multi-use recreational purposes by the Kaslo to Sandon Rails to Trails Society (Since 1993). The route is publicly owned and is administered by the Ministry of Tourism, Culture and the Arts. The vision is for this trail to eventually link with other re-emerging trails in our region, providing an historic off-road corridor from Kaslo through to Nakusp. This article is intended to provide an historic overview and guidelines for safe trail uses. Enjoy your visit!

It is possible to travel this route from Kaslo through to the summit of the Valley of the Ghosts at Fish Lake without traveling Hwy 31A. This trail is multi-use, open to horses, mechanized and non-mechanized users.

Much of this trail follows the wagon road constructed between Kaslo and Three Forks in 1892-1893 to access the rich silver mines of the Silvery Slocan. The movement of heavy silver-lead ores by wagon or pack train was a challenging prospect for the miner, teamsters and horses alike. There were stages daily from Kaslo to

the booming mining camps. Good horses and teamsters were at the heart of frontier transportation. Remnants of this rich mining history along with spectacular mountain scenery await the observant visitor.

Other sections of the trail follow the route of the historic Kaslo and Slocan Railway, a narrow gauge line completed from Kaslo to Sandon in 1895. Although the rail line took over much of the wagon road's "thunder", the teamsters still played a critical role in getting the people and ores to the railway. The Kaslo and Slocan



Picture

SHOP • EAT • STAY • PLAY



Sponsored by Kaslo & Area Chamber of Commerce
kaslochamber.com | visitkaslo.com



line moved 170,000 passengers and 246,000 tons of ore and freight in the 15 years before the fire of 1910 effectively shut down most of its operations. This railway was resurrected by the CPR in 1914 and continued to run sporadically through the mid 1950's. The Valley of the Ghosts represents the beginning of significant hard rock mining in BC. Look carefully to find constant reminders of the thousands of miners, teamsters and prospectors that pioneered these lonely lands once the centre of British Columbia's mining industry.

Until about 1955 the old highway from Kaslo to New Denver generally followed the wagon road route. Then, with the closing of the railroad, the new Hwy 31A was constructed, generally following the old rail route.

Kaslo, originally called Kanes Landing after George and David Kane, had its humble beginnings with the staking of timber claims



in 1889. When mining activity was reported the original timber claims were subdivided into town lots and in a few short years the gold and silver rush was in full swing. Kaslo reached a population of 3000 people by 1893, most of whom hoped to make their fortunes in the newly discovered mines. Steamers lined the wharf bringing ever more new miners seeking fortune and willing to "stake a claim".

Everything changed when a disastrous flood in 1894 and ensuing fire nearly wiped out the town when gale force winds came to fan the flames. The February of 1894 was cold and bleak indeed as at least

half of the towns commercial district had been destroyed, along with 60 to 70 homes and even the jail.

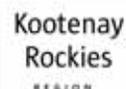
Perfect

View our breathtaking video!



nelsonkootenaylake.com

Nelson Kootenay Lake Tourism
FAR OUT. FOR REAL.





Being of hardy stock and strong spirit, the citizens managed to rebuild, and by 1896 Kaslo's fortunes turned upwards again with the new K & S railway to Sandon in full operation. Boasting a new public phone system, waterworks and even electricity prosperity was back. The Kootenaiian, Kaslo's turn of the century newspaper, wrote in 1897: Kaslo has all the services of a progressive mining supply centre; cigar factory, brewery, dry goods stores, several saloons, hotels, brothels and a newspaper.

Today there might not be a cigar factory or brothel, but the main street hosts a varied and pleasing selection of shops, galleries, cafés, bakeries, a National Historic Site, the SS Moyie

Sternwheeler, museums, several logging operations and many more cottage industry businesses that form the foundation of Kaslo's economy today.

It's hard to tell what will impress you the most; the unsurpassed beauty of this magical natural paradise on the shores of Kootenay Lake, or the endless opportunities for outdoor adventure and exploring nature, or maybe it will be the quaint village itself with it's historic downtown and owner run boutique shops.

Regardless of what you like best, Kaslo is a special village not only for the open hearted friendliness of its inhabitants but for the spirit and charm of all its history reflected on every street.

THE KOOTENAY STAR MUSEUM

Venture into the museum and take a trip back in time. At Kootenay Star Museum you will experience a first hand look at mining / logging in the early days of Kaslo. The Museum is a collection which is open to the public and features the industrial history of Kaslo and the Kootenays. An exciting recent addition to the museum's heritage theme is a full working sternwheeler called the "Kootenay Star".

This small vessel is similar in appearance to the many steam ships that were instrumental in the development of the entire Kootenay lake area. It can be seen moored in Kaslo Bay & makes a great photo opportunity. After your adventure let Teresa serve you up a coffee and a piece of her famous pie.



You are going to love *Kaslo*

& Teresa's Coffee Shop

SUMMER HOURS
7 days a week, early morning to early evening
WINTER HOURS
Mon. to Sat., early morning to 5:30

email:kaslobc@telus.net ~ www.ilovekaslo.com
402 Front St. PO Box 512 Kaslo BC V0G 1M0, ~ 250-353-2115

SHOP **Historic** friendly **Welcome**
artisans **festivals** skiing **vibrant**
nature **camping** golfing **PLAY**
scenic **restaurants** hiking **Fishing**
kayaking **Museums** galleries
adventure **STAY**

Picture Perfect
Kaslo & Area Chamber of Commerce
kaslochamber.com

KASLO KAYAKING
Tours ~ Lessons ~ Rentals 250-353-1925
on Beautiful Kootenay Lake
kayaks ~ canoes ~ SUP boards
Full or half day explorer tours. Breath taking sunset paddles, Multi-day adventure tours, Lessons
YOUR ADVENTURE AWAITS
www.kaslokayaking.com ~ adventures@kaslokayaking.com

KASLO HOTEL
and Pub

Enjoy luxury rooms with lake & mountain views.
Relax in our pub with locally crafted beers

Free wi-fi ~ Walk to great shops, museums & galleries
250-353-7714
reservations@kaslohotel.com ~ 430 Front St. Kaslo, BC V0G 1M0



Nelson, also known, as “The Queen City” is located on the west arm of Kootenay Lake nestled in the heart of the Selkirk Mountains. A mining town during the glory days of the silver rush, Nelson is now more known for its arts, culture and year round outdoor activities. Offering some of BC’s best powder skiing in winter and some of the best trails for hiking and biking in spring and summer, Nelson has it all. Golfers and fishermen will find their utopia and sun lovers will adore the sandy beaches. Also known for its alternative lifestyle, there is an abundance of organic farms and a thriving hemp industry.

Many of the heritage buildings in the bustling downtown core have been restored giving a feeling of nostalgia to those who appreciate turn of the century architecture and with many places to eat and shop your senses are sure to be stimulated. With a population just under 10,000 people, Nelson has kept its small town atmosphere while at the same time offering a big city range of options for outdoor enthusiasts. For those wishing to experience a circle drive, the International Selkirk Loop is a 450km drive

encompassing the stunning Selkirk Mountains in eastern Washington, northern Idaho and BC but you will need your passport for this loop if crossing the Canada/US Border. For a map of the loop go to selkirklloop.org.

If you are longing for a trip over open water, take the Balfour Ferry over to the east shore of Kootenay Lake where it is spectacular by nature. The Artisans of Crawford Bay will intrigue you with their works and wares and you can see where the Harry Potter brooms were made. The longest free ferry in the world covers the 8km distance in about 35 minutes.

To stay within BC and experience another circle loop, take Hwy 3A from Nelson to Balfour. At Balfour the highway changes to Hwy 31, which continues on to Ainsworth. While there, stop into the Ainsworth Hot Springs and enjoy a soak in the popular pools. Carry on to Kaslo where you will take Hwy 31A to New Denver. Hwy 6 takes you back to the Hwy 6 and 3A junction where you will turn left to come back to Nelson. For more information or to obtain a cycling route go to trailsbc.ca.



the Adventure Hotel

Downtown Nelson Deep in the Selkirk Mountains

Pick Your Rate

\$49 \$79 \$99

Free Wifi ~ We Cater to Motorcycle Enthusiasts ~ Pet Friendly



Full Service Hotel



New Euro Designed Rooms



Louie's Steakhouse



Uptown Sportsbar

250-352-7211 ~ 1-888-722-2258 616 Vernon St, Nelson BC www.adventurehotel.ca



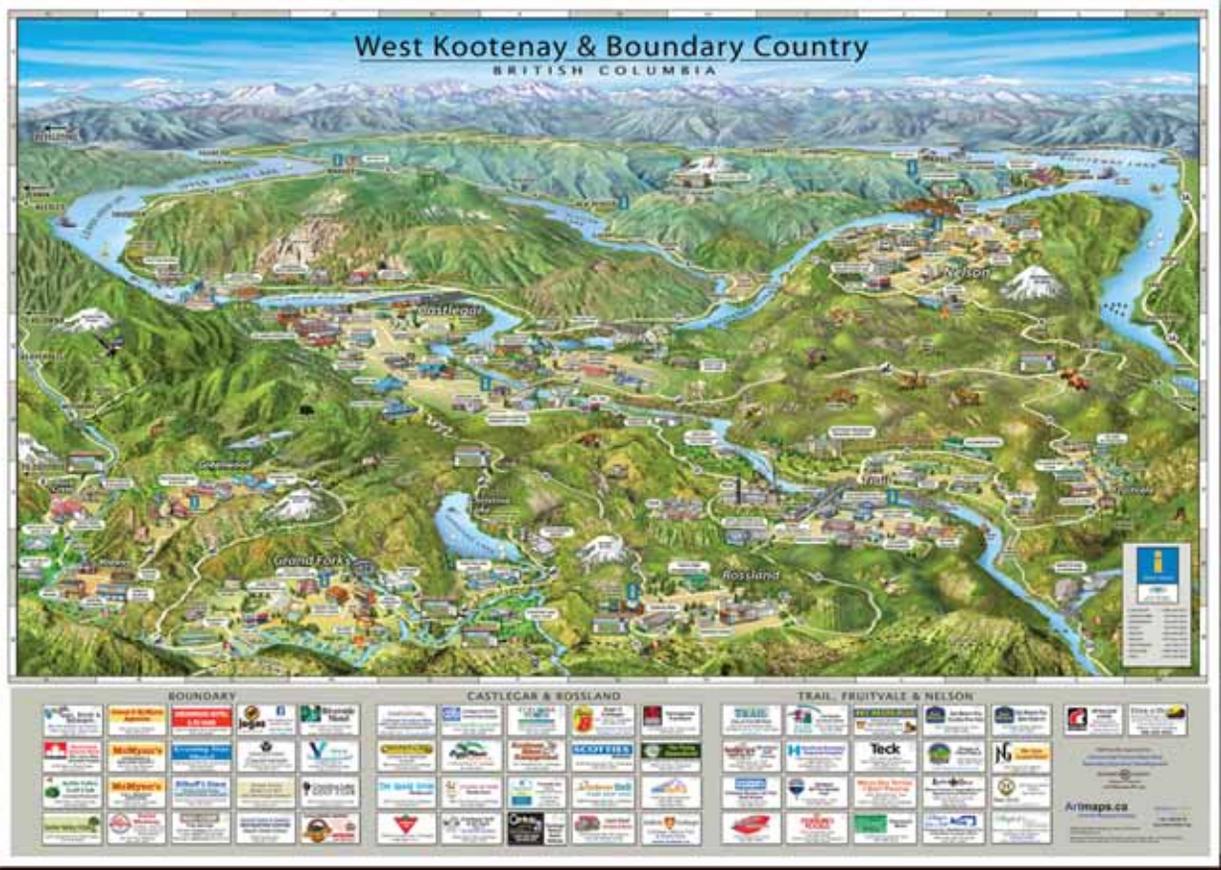
High in the Selkirk Mountains on Hwy 6 heading to Salmo from Nelson is a little town called Ymir. The historic Hotel Ymir built in 1896 is one of two remaining hotels in what was once a booming mining town. The old Burlington Railway line that runs from Nelson to Salmo and through Ymir is now a part of the rail trail system for walking, hiking, biking and cross country skiing. Ymir is close to the famed Whitewater Ski Resort and only about 12km from Salmo. If you are an outdoor enthusiast, Ymir has incredible backcountry hiking, skiing and snowmobiling opportunities. ymirbc.com. Replacing the once thriving Ymir as the major centre in this region of the West Kootenays, Salmo is located at the junction of Hwys 6 and 3. Salmo is also a playground for out door adventures surrounded by mountain wilderness, rivers, streams, hidden lakes and a ski hill. While in Salmo be sure to have a look at the famous stone murals that depict the area and its history. discoveralmo.com. Taking Hwy 3 west you will come to another junction where you can loop back to Castlegar or continue on 3B to Fruitvale, the heart of the Beaver Valley. Fruitvale is an appealing full service rural community, which offers a quiet yet fulfilling lifestyle. village.fruitvale.bc.ca. The City of Trail is known for boosting numerous athletic careers in hockey, baseball and the Olympics. In 2005 an article

in the Province newspaper declared Trail "The best darn sports town in BC: Hockey fans can view the "Hockey Hall of Memories" at the Trail Memorial Centre, home of the junior "A" Smoke Eaters hockey team. Another major facility in Trail is the Aquatic & Leisure Centre, a multi-million dollar facility that has won awards for design and structure. There are many desirable parks in and around the city of Trail, but one of the most popular and scenic is Gyro Park located at the edge of the Columbia River. Gyro Park has a beach for swimming, boat launch, summer concession and more in an ideal family setting. "Explore Your Trail" is a local motto. Come for a visit and take part in a local adventure. trail.ca. Warfield, warfield.ca or "Mickey Mouse Town" as it is affectionately referred to because of its unique and distinctive style of homes and well kept neighbourhoods is the "Jewel of the Kootenays" and the next place to visit along Hwy 3B on the 9km uphill climb towards Rossland, "The Golden City". This amazing and artsy community in the Monashee Mountains is the summer home of the IMBA (International Mountain Bicycling Association) Epic Seven Summits Ride imbacanada.com, but in the winter the snow covered slopes of the award winning Red Mountain Ski Resort beckon you! Rossland is a true four season sports mecca, rich in arts, culture, history, friends and fun! rossland.com.

West Kootenay & Boundary Country Regional Map Poster
by World-Famous Artist Jean-Louis Rheault.

Outside Dimensions
27" X 38"

Available at:
Ferraro Foods,
Touchstones Gallery,
Grand Forks Pharmasave,
Gallery 2,
Deadwood Junction,
Kettle River Woodcrafts,
and Select Visitor
Information Centres



Special Release ~ Quantities Limited. Call 1-877-304-6710 for more information.

Reduce your Footprint

with

Gaia Green

Premium Organic Fertilizers



Lois Hagen Park, Grand Forks, BC
Managed organically since 1997



James Donaldson Park, Grand Forks, BC
Managed organically since 1998

Municipal ~ Landscape ~ Nursery ~ Golf Course ~ Home & Garden

With the help of thousands of consumers, Gaia Green Products is making options available for farmers, gardeners and municipalities alike to garden organically, helping to preserve the environment that we all live, work, and play in.

SAFE FOR KIDS & PETS

TRUSTED, RELIABLE, PROVEN RESULTS

Ask for Gaia Green at your local garden centre,
or for commercial, contact Gaia Green at: mail@gaiagreen.com or

1-800-545-3745 www.gaiagreen.com

Gaia  **Green**
P R O D U C T S L T D

Come Home to the Lake...

to peace of mind, friendship and community

www.CHRISTINALAKE.ca



Making Memories



Stand in Awe of the power of nature



Out door recreation at its best



Christina Lake Welcome Centre "GREEN BUILDING"

Showcase for a thriving artisan community, Christina Lake Stewardship Society and a Bistro for the hungry

Christina Lake Elementary School

provides instruction to students from kindergarten to Grade 7. With its small class sizes and dedicated staff, CLES even attracts students from out side our district



The Christina Lake Community Hall

Where we gather to celebrate!
A garden area in the back affords gorgeous views of the lake with a great photo op too!



Grace McGregor, RDKB Area C Director



BOUNDARY  COUNTRY

Adventure: Unlimited.

www.BoundaryBC.com