

General Trail Information

- Expect a variety of surfaces along the Kettle Valley Rail Trail, the Columbia Western Rail Trail and the Trans Canada Trail.
- Expect loose gravel, pavement and unconsolidated railway ballast.
- Some sections are not suitable for road bikes. A 2.4 tire is recommended.
- More detailed information on the KVR and Trans Canada Trails is found at Trails BC.
- Several of the properties and beaches along the rail trails are private property. Please be considerate and prevent invasive weeds from spreading from the trail. Many private beaches can be found along the KVR Trail. Please respect trespassing signs or check with owners before using.
- Bike helmets are mandatory in British Columbia.
- Many of the most beautiful trails run through sensitive eco systems, please stay on marked trails to avoid damaging the environment and pack out what you pack in.

Slocan Valley Rail Trail ~ Crescent Valley to Slocan City

Non Motorized Use only (52 km one way; 1 day)

- The trail is just over 52 km long and can be done in sections, with parking and restrooms at each of the 7 trailheads.
- Each trailhead has an information kiosk and directional signs on Highway 6 (parallels most of the the Rail Trail) so you will know which trailhead is coming up. These are the sections between each major trailhead, starting at the south end of the trail in the South Slocan (closest trailhead to Nelson and Castlegar) and heading north towards Slocan City (closest trailhead to New Denver and Nakusp). Visit slocanvalleyrailtrail.ca for more information.

South Slocan to Crescent Valley - Distance: 5km
Features: Popular Beach, Pub, Steeper Grade.

Crescent Valley to Passmore - Distance: 16.5km
Features: Hidden Beaches, Swift Water, Narrow Winding Valley, Beautiful Farms, Business and Residential Areas, Rugged Rocky Shorelines.

Passmore to Winlaw - Distance: 10.1km
Features: Winding, Spectacular Forested Scenery, Close River Access, Confluence of the Slocan and Little Slocan Rivers, Marshland and Wildlife Habitat.

Winlaw to Lemon Creek - Distance: 12.0km
Features: Multiple Cafes, Shopping, Scenic Farm Land, Private Small Beaches, Historic Markers.

Lemon Creek to Slocan - Distance: 8.1km
Features: Wildlife Sanctuary, First Nation Habitat Site, Close River Access, Slocan Beach.

Myra to Boundary ~ Midway to Penticton

Mostly mixed-use with sections non-motorized (215 km one way; 3 to 5 days)

Parking: P9 - P17

- Starting at "Mile 0" in Midway, this Section of the Kettle Valley Rail Trail offers a diverse biking experience through the region.

- The trail meanders along the Kettle River as it gradually rises through the valley, reaching its height at Myra Canyon. Past the canyon, the trail slope begins to gradually decline as it winds down to Naramata bench and into wine country.

- Varying Trail Conditions, ideal for all levels of experience depending on start and stop locations. Ask local shops for trail condition updates.
- Be prepared for large sections without access to amenities.

Shorter Trips
Myra Canyon: 22km O&B, **non-motorized section.** Ideal for walking and Cycling. Good for all experience levels. (P12, P13)

Midway to Myra Canyon: 140km gradual uphill, 2-3 day trip. (P13 to P17)

Midway to Kettle River Recreation Area: 50km O&B, 3-4 hours. (P16, P17)

Kettle River Recreation Area to Rhone Rest Stop: 30km O&B, 2-3 hours. (P15, P16)

Columbia & Western ~ Castlegar to Midway

Mostly mixed-use with sections non-motorized (160 km one way; 2 to 4 days)

Parking: P17 - P28

- From Castlegar to Midway the Columbia & Western Rail Trail passes through several communities with an abundance of riding options, providing an immersive feel for the history of BC's Interior.

- Varying trail conditions, ideal for all levels of experience depending on start and stop locations. Ask local shops for trail condition updates.

Basic amenities not found outside of communities, be prepared for gaps.

Shorter Trips
Castlegar to Christina Lake: 85km, 1-2 days. A historical highlight of the Columbia and Western Railway. (P28 to P25)

Paulson Run: 25 km downhill ride, 1.5 hours. (P27, P26)

Wildways Loop: 10km loop, approx. 1 hour. See inset. (P26, P25)

Grandforks to Cascade: 20km one way, 1.5 hours. This is a designated non-motorized section. (P21 to P24)

Eholt to Grand Forks: 25km downhill, 2 hours. (P19 to P21)

Greenwood to Grand Forks: 80km O&B, 2 day ride. (P18 to P21)

Midway to Greenwood: 25 km O&B, 2-3 hours. (P17, P18)

Parking GPS Locations

- P1:** Othello Tunnels; 49.378618, -121.369564
- P2:** Brodie Station; 49.815453, -120.942507
- P3:** Tulameen; 49.544726, -120.755807
- P4:** Princeton; 49.460089, -120.502834
- P5:** Faulder; 49.611173, -119.781933
- P6:** Summerland West; 49.585732, -119.732517
- P7:** Trout Creek Trestle; 49.567286, -119.658251
- P8:** Riverside Park Penticton; 49.498473, -119.614312
- P9:** Poplar Grove Penticton; 49.533225, -119.562755
- P10:** Smethurst Naramata; 49.596378, -119.568897
- P11:** Chute Lake; 49.690855, -119.535566
- P12:** Ruth Station; 49.794692, -119.358528
- P13:** Myra Station; 49.80532, -119.312678
- P14:** Beaverdell; 49.435248, -119.091816
- P15:** Rhone Rest Stop; 49.225539, -119.019198
- P16:** Kettle River Rec; 49.112230, -118.981693
- P17:** Midway (Mile 0); 49.01321, -118.785530
- P18:** Greenwood; 49.090306, -118.679435
- P19:** Eholt; 49.154245, -118.545586
- P20:** Grand Forks Station; 49.031576, -118.464278
- P21:** Grand Forks City Park; 49.029613, -118.436682
- P22:** Boothman Oxbow; 49.018088, -118.354421
- P23:** Billings; 49.017075, -118.224160
- P24:** Cascade; 49.014897, -118.208152
- P25:** Santa Rosa; 49.033778, -118.198044
- P26:** Fife; 49.063334, -118.203989
- P27:** Paulson; 49.215664, -118.124799
- P28:** Castlegar; 49.331270, -117.663114
- P29:** Penticton South; 49.453447, -119.589231
- P30:** Kaleden; 49.387737, -119.583649
- P31:** Ok Falls; 49.346604, -119.577881
- P32:** Oliver; 49.185694, -119.549455
- P33:** Osoyoos Oxbows; 49.088582, -119.535491

